

# The Dance

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 16      牆數: 4      級數: Beginner  
編舞者: Tina Argyle (UK) - April 2018  
音樂: The Dance - Robert Mizzell : (iTunes)



Please note This doesn't dance as well to the Garth Brooks track, at the end it goes out of phrase.

Count In : 20 counts from start of track approx. 20 seconds into the track – start on the lyric “back”

## Basic NC Step x2. Basic NC Step ¼ Turn. Long Step, Behind, Side.

- 1            Take a long step right to right side
- 2&         Rock left behind right, recover.
- 3            Take a long step left to left side
- 4&         Rock right behind left, recover.
- 5            Make ¼ turn left taking a long step right to right side (9 o'clock)
- 6&         Rock left behind right, recover.
- 7            Take a long step left to left side
- 8&         Cross right behind left, step left to left side

## Cross Rock x2. Step ½ Pivot Turn Step. Run Run. (or full turn left, travelling forward over 2 counts)

- 1            Cross rock right over left
- 2&         Recover weight onto left, step right at side of left
- 3            Cross rock left over right
- 4&         Recover weight onto right, step left at side of right
- 5            Step forward right
- 6&7        Step forward left, make ½ right onto right, step forward left (3 o'clock)
- 8&         Run fwd right then left – or make ½ turn left stepping back right, make ½ turn left stepping fwd left

**Tag During wall 5 section 1, make counts 7-8& another NC basic step, then Restart the dance facing 9 o'clock wall**

- 7            Take a long step left to left side
- 8&         Rock right behind left, recover.

Contact: [vineline@hotmail.co.uk](mailto:vineline@hotmail.co.uk) - [tinaargyle.com](http://tinaargyle.com)