

I'll Work it Out

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Jennie Berry (AUS) - April 2018
音樂: Love Runs Out - OneRepublic : (Album: Native. - iTunes)



#32 count intro; begin on the word 'light'

Section 1: WALK FORWARD RL. SHUFFLE FORWARD, ROCKING CHAIR.

1.2 Step right forward, step left forward.
3&4 Shuffle forward RLR.
5.6 Rocking chair: step forward on left, rock back on right.
7.8 Step left back, rock forward onto right. (12.00)

Section 2: PIVOT ¼ TURN, CROSS SHUFFLE. ½ TURN CROSS SHUFFLE.

1.2 Pivot: step left forward, turn 90 degrees right, take weight onto right.
3&4 Cross shuffle left across right, LRL
5.6 Step back on right turn 90 degrees left, turn 90 degrees left, step left to left side
7&8 *** Cross shuffle right over left RLR (9.00)

Section 3: SIDE ROCK ½ HINGE TURN SIDE SHUFFLE. CROSS SIDE BEHIND SIDE.

1.2 Hinge turn: Step left to the side, turn 90 degrees left, rock back on right.
3&4 Turn 90 degrees left, side shuffle LRL.
5.6 Step right across in front of left, step left to side.
7.8 Step right behind left, step left to left side. (3.00)

Section 4: FORWARD ROCK ½ TURN SHUFFLE, PADDLE ¼ CROSS SAMBA.

1.2 Step forward on right, rock back on left.
3&4 Turn 180 degrees right, shuffle forward, step RLR
5.6 Paddle: step left forward, turn 90 degrees right, take weight onto right.
7&8 Samba: step left across in front of right, step right to the side, step left to left side. (12.00)

Section 5: STEP ACROSS TURN ¼, BACK ROCK, FULL TURN, SHUFFLE FORWARD.

1.2 Step right across in front of left, turn 90 degrees right, step left back.
3.4 Step back on right, rock forward on left.
5.6. Full turn: Turn 360 degrees left, take weight onto left.
7&8 Shuffle forward, RLR. (3.00)

Section 6: FORWARD ROCK, FORWARD ROCK, WALK BACK RL, ROCK BACK FORWARD.

1.2. Step left forward, rock back on right.
&3.4 Step left beside right, step forward on right, rock back on left.
5.6. Walk back RL
7.8 Step back on right, rock forward on left. (3.00)

[48B] Begin again

On the 6th wall music slows right down, keep dancing as though it hasn't.....

TAG & RESTART.... On 7th wall, facing 6.00 dance the first 16 counts *** add 4 count tag below, & restart facing 3.00

SIDE ROCK, COASTER STEP

1.2 Step left to the side, side rock onto right.
3&4 Step left back, step right together, step left forward.

To finish....On 10th wall, facing 9.00 dance first 4 counts, then pivot a ¼ turn right.

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