

# Sunshine Twist

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Fred Whitehouse (IRE) - April 2018  
音樂: Sunshine - River Matthews



## Intro – 8 Counts

### [1-8] Step, Touch, x2, (Claps) R Shuffle Back Diagonal, Step, Touch, x2 (Claps) L Shuffle Fwd Diagonal

1&2&      Step RF fwd to R diagonal, touch LF next to R, step LF back diagonal, touch RF next to L  
(Step clap x2)  
3&4&      Step RF back to R diagonal, close LF next to R, step RF back diagonal, touch LF next to R  
5&6&      Step LF back to L diagonal, touch RF next to L, step RF fwd diagonal, touch LF next to R  
7&8      Step LF fwd to L diagonal, close RF next to L, step LF fwd to L diagonal

### [9-16] Cross & Heel, Ball Cross Shuffle, ¾ Turn R Walking R,L,R,L

1&2&      Cross RF over L, step LF to L side, touch R heel to R side, close RF next to L  
3&4      Cross LF over R, step RF to R side, cross LF over R (12.00)  
5-8      Make ¾ turn R walking R,L,R,L (LF should finish fwd to 9.00)

(Optional fun hands- During the cross shuffle bring both hands out and upward making a circle.

During the 4 walks shake the hands downward, palms facing fwd to the chorus “shiver down my spine”)

### [17-24] Toe, Heel, Step, x2, Stomp x2, Flick (slap), Touch, Hook (slap), Touch, Flick (slap), Stomp 2

1&2      Touch R toe next to L, touch R heel to R side, step RF forward  
&3&      Touch L toe next to R, Touch L heel to L side, step LF forward  
4&5      Stomp RF next to L, stomp LF next to R, flick R heel up and out to the R side (Flick heel up  
and slap with R hand)

**\*\*Restart\*\* During wall 8, finish the Toe heel steps x2 and the stomp, stomp. You should RESTART facing 12.00**

&6&      Touch R toe fwd, hook R heel over LF (slap with L hand), touch R toe fwd  
7&8      Flick R heel up and out to the R side (Flick heel up and slap with R hand), stomp RF in place,  
stomp LF next to R

### [25-32] Rock, Recover, Step Back, Coaster Step, Charleston Step

1&2      Rock RF fwd, recover on to L, step RF back  
3&4      Step LF back, close RF next to L, step LF fwd  
5-8      Touch RF fwd, step RF back, touch LF back, step LF fwd (Option: Add Charleston Swivels  
for style.)

### Tag: End of wall 3

1-4      Repeat Last 4 Counts facing 3.00 (Charleston Step)

## Smile and Enjoy