

Sing Me To Sleep Zzz

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Val Saari (CAN) - April 2018
音樂: Sing Me to Sleep - Alan Walker : (iTunes)



TOE/HEEL FORWARD X 4

1-4 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel
5-8 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel

BACKWARDS SKATE-TOUCHES PIVOT 1/4 R, BACKWARDS SKATE-TOUCHES

1-2 RF Skate back, Skate LF toes to touch beside RF
3-4 LF Skate back, Skate RF toes to touch beside LF
5-6 RF Skate back pivot 1/4 R, Skate LF toes to touch beside RF
7-8 LF Skate back, Skate RF toes to touch beside L

LINDY RIGHT, LINDY LEFT PIVOT 1/4 R

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5&6 Shuffle left, LRL
7-8 Rock back on RF pivot 1/4 R, Recover on LF

WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back, LF, RF
7&8 Rock back on LF, Recover RF, Step LF Forward beside right

REPEAT

No Tags, No Restarts

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