Get Wavey



拍數: 64 牆數: 1 級數: Advanced

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音樂: Wavey (feat. Alika) - CLiQ



Intro: 16 count

Sequence: A , Bx2, Cx2, A, Bx2, Cx2, A , Cx2, Bx2, Cx2

Part A: 32 counts

5&6

A[1 – 8] Rock Right recover & side, Twist ¼ Left, Coaster Left, Shuffle Right to Right Diagonal

Step right out to right side rocking weight out to the right, recover weight back on to left 12:00 &3-4

Travelling to the left, step right next to left, step left out to left side, twist ¼ turn to the left

twisting on the balls of your feet, finishing with the weight on the right. 9:00 Step the left foot back, step right foot next to left, step left foot forward 9:00

7&8 Travelling to the right diagonal, step right foot to right diagonal, step left up behind right, step

right foot to right diagonal 9:00

A[9 – 16] Stomp left to left side, left arm to left side, right arm to left side, pull arms in & slide right in. cross right over left, step back left, right, cross and cross with the left, travelling to the right.

1-2 Stomp left to left side, raise left arm out to left side (arm should be pointing towards the back

wall) palm open 9:00

3&4 Bring right arm across the body and above left arm, close fingers, hold arms and hands in

position and with weight on left drag right foot up to left (as if pulling yourself along) 9:00

5-6 Cross right over left, step back Left, 9:00

&7&8 Step right to right travelling to the right, cross left over right, step right to right side, cross left

over right 9:00

A[17 – 24] Stomp right to right side, right arm up to right diagonal, left leg out to left side (superman pose), pull in right arm, hitch left leg, step left over right, unwind ½ turn, step right foot back, right arm out in front, bring both arms in to chest height, twist head and shoulders ¼ right, twist lower body ¼ turn right to face the back.

1-2 Stomp down right foot, whilst doing this lift left leg out to left side and raise right arm up with a closed fist making a diagonal line from hand to foot across your body (like superman) (1), pull

arm in by the elbow and hitch the left leg as if you are folding up (2) 9:00

3-4 Cross left over right, unwind ½ a turn to face 3 o'clock wall. 3:00

5-6 With weight on left, point right toe back and extend right arm out in front of you (5), bring right

arm in with your hand level to your crest and palm facing down, bring left up to match with

elbows high (6) 3:00

7-8 Keep your arms in place twist your head and body a ¼ to the right (twisting from the waist)

(7) twist your legs and feet ½ to the right to meet with your body (8) should end facing the

back wall. 6:00

A[25 – 32] Travelling forward, step right foot to right diagonal (stepping heel, toe) step left foot to left diagonal (stepping heel, toe) making a ½ turn walk R, L, R, L over the left shoulder

1-2 Travelling forward step your right heel out to the right diagonal, step down on to your right

foot. 6:00

3-4 Travelling forward step you left heel out to the left diagonal, step down on to your left foot

6:00

5-6 Making ¼ to the left walk R, walk L 3:00
7-8 Making ¼ to the left walk R, walk L 12:00

Part B: 16 counts

B[1 – 8] Hitch right knee whilst making a right tut box, step done right, hitch left knee whilst making a left tut box, step down left, pivot body from the waist to bring your face in to the box, hold, ball step back in place.

- 1 2 Travelling forward, hitch right knee as you hitch lift your arms and begin to make your tutt box, this made with the right arm (1), Step down on the right and complete and hold your box. (2) (box should be made at chest height) 12:00
 3 4 Travelling forward, hitch right knee as you hitch lift your arms and begin to make your tutt box, this made with the right arm (1), Step down on the right and complete and hold your box.
- 5 6 Holding your left box tutt in place and with the left foot forward, over the two counts pivot forward from the hips until your face is in the box, as if you're getting in the frame and posing for a picture 12:00
- 7-8 Hold for 7, rock weight back on to right and step left next to right 12:00

B[9 – 16] Walk R, L, R pivot 1/2 turn and snap fingers, walk L,R,L, ball step ½ turn.

(2) (box should be made at chest height) 12:00

- 1 2 Travelling forward, Walk R, Walk L 12:00
- 3 4 Travelling forward, Walk R (3) keeping the weight on the right pivot ½ to the left, whilst making the turn snap your fingers above your head and keep your eyes fixed to the front wall whilst making the turn (4) 6:00
- 5 6 Travelling forward, Walk L, Walk R 6:00
- 7 8 Travelling forward, Walk L, Step down right and make a ½ round to the left, step weight down on the left 12:00

Part C: 16 counts

C[1-8] Top Rock 2x, Step right foot forward body roll down, ¼ right body roll down.

- 1 2 Cross right over left pointing toes to left diagonal, Step right foot next to left 12:00
 3 4 Cross left over right pointing toes to right diagonal, step left foot next to right 12:00
- 5 6 Step right foot forward, body roll down 12:00
- 7 8 Making a ¼ to the right step left foot out to left side, body roll down ending with weight on left. 3.00

C[9 – 16] Top Rock 2x, Step right foot forward, wave right arm forward, pull right arm in making a ¼ to the right, step left out to left side

- 1 2 Cross right over left pointing toes to left diagonal, Step right foot next to left 3:00
- 3 4 Cross left over right pointing toes to right diagonal, step left foot next to right 3:00
- 5 6 Step right foot forward, wave right arm out in front of you 3:00
- 7 8 Making a ¼ to the right, pull right arm in and step left to left side 6:00

^{**} Section C is a floor split down the centre, right side have the steps listed, left side switch feet, so start by crossing with the left and step the left foot forward rather than right. They then make there ¼ turns to the left. This should mean both sides face the outer walls together the back wall together and then face each other, before all returning to the front. This is only on section C...