

Selfie

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Hiroko Carlsson (AUS) - April 2018
音樂: L'esercito del selfie (feat. Lorenzo Fragola & Arisa) - Takagi & Ketra : (iTunes)



No Tags Or Restarts (4 count intro)

[S1] 2x Fwd-Touch & Clap, 4x Jump Fwd-Touch

1 2 Step R forward, Touch L next to R
3 4 Step L forward, Touch R next to L
&5&6 Jump forward on R, Touch L next to R, Jump forward on L, Touch R next to L
&7&8 Jump forward on R, Touch R next to L, Jump forward on L, Touch L next to R (12:00)

[S2] 2x Back-Touch & Clap, 4x Jump Back-Touch

1 2 Step R back, Touch L next to R
3 4 Step R back, Touch L next to R
&5&6 Jump back on R, Touch L next to R, Jump back on L, Touch R next to L
&7&8 Jump back on R, Touch L next to R, Jump back on L, Touch R next to L (12:00)

[S3] Paddle Turn, Cross Shuffle, Side Rock, Cross, Hold

1 2 Step R forward, Make a ¼ turn left recover weight on L
3&4 Cross R over L, Step L close to R, Cross R over L
5 6 Step/rock L to left side, Recover weight on R
7 8 Cross L over R, Hold (9:00)

[S4] Back, Side, Pivot 1/2L, Rocking Chair

1 2 Step R back, Step L to left side
3 4 Step R forward, Make a ½ turn left recover weight on L
5 6 Step/rock R forward, Recover weight on L
7 8 Step/rock R back, Recover weight on L (3:00)

[S5] 3x R Hop Side-Together-Heel Bounce, 1/4R-Side Rock-Cross

&1 2 R hop to right side, Step L together, Bounce heels up-down
&3 4 R hop to right side, Step L together, Bounce heels up-down
&5 6 R hop to right side, Step L together, Bounce heels up-down
&7 Make a ¼ turn right stepping forward on R, Step/rock L to left side
&8 Recover weight on R, Cross L over R (6:00)

[S6] Weave R, Box 1/4R

1 2 Step R to right side, Step L behind R,
3 4 Step R to right side, Cross L over R
5 6 Cross R over L, Make a ¼ turn right stepping back on L,
7 8 Step R to right side, Step L forward (9:00)

[S7] Pivot 1/2L, 2x Shuffle Fwd, Paddle Turn

1 2 Step R forward, Make a ½ turn left recover weight on L
3&4 Shuffle forward R-L-R
5&6 Shuffle forward L-R-L
7 8 Step R forward, Make a ¼ turn left recover weight on L (12:00)

[S8] Weave L, Pivot 1/2L, Walk-Walk

1 2 Cross R over L, Step L to left side

3 4 Step R behind L, Step L to left side
5 6 Step R forward, Make a ½ turn left weight recover on L
7 8 Step R forward, Step L forward (6:00)

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 22/Apr/18)**
