

Aku Wanita

拍數: 48 牆數: 2 級數: Phrased Intermediate
編舞者: Syafri's Fitri (INA) - April 2018
音樂: Aku Wanita by Bunga Citra Lestari



START : AFTER 32 Count.... ABB Tag ABB ABB A

A = 32 Count

A I . CROSS ROCK – SACHEE

1 2 = R CROSS ROCK OVER L, RECOVER ON L,
3&4 = STEP R TO RIGHT, STEP L TOGETHER, STEP R TO RIGHT
5 6 = L CROSS ROCK OVER R, RECOVER ON R
7&8 = STEP L TO LEFT, STEP R TOGETHER, STEP L TO LEFT

A II. SHUFFLE FORWARD – TURN ½ TO RIGHT

1 2 = STEP R FORWARD, STEP L FORWARD
3&4 = STEP R FORWARD, LOCK L BEHIND R, STEP R FORWARD
5 6 = STEP L FORWARD, TURN R ½ TO RIGHT
7&8 = STEP L FORWARD, LOCK R BEHIND L, STEP L FORWARD

AIII. STEP SACHEE

1 2 = STEP R TO SIDE, STEP L TOGETHER
3&4 = ROCK R IN PLACE, STEP L TOGETHER, R IIN PLACE
5 6 = STEP L TO SIDE, STEP R TOGETHER
7&8 = ROCK L IN PLACE, R TOGETHER, L IN PLACE

A IV. SHUFFLE FORWARD – TURN ½ TO RIGHT

1 2 = STEP R FORWARD, STEP L FORWARD
3&4 = STEP R FORWARD, LOCK L BEHIND R, STEP R FORWARD
5 6 = STEP L FORWARD, STEP R TURN 1/2 TO RIGHT
7&8 = STEP L FORWARD, LOCK R BEHIND STEP L FORWARD

B = 16 COUNT

B I . STEP TO SIDE - BACK CROSS – TURN ½

1 2& = STEP R TO SIDE, STEP L BACK CROSS BEHIND R, L IN PLACE
3 4& = STEP L TO SIDE, STEP R BACK CROSS BEHIND L, R IN PLACE
5 6& = STEP R FORWARD, STEP L FORWARD, STEP R TURN ½ TO RIGHT
7 8& = STEP L FORWARD, STEP R FORWARD, STEP L TURN ½ TO LEFT

B II. CROSS OVER – CROSS BACK

1 2& = CROSS R OVER L, RECOVER ON L, STEP R BACK
3 4& = CROSS L OVER R, RECOVER ON R, STEP L BACK
5 6& = STEP R BACK TURN ¼ TO LEFT, RECOVER ON L, R IN PLACE
7 8& = STEP L TURN ¼ TO LEFT, RECOVER ON R, L IN PLACE

Tag : 4 COUNT FULL TURN TO LEFT

1, 2, 3, 4 = R, L, R, L (TURN ¼ TO LEFT)

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