

You Gotta Move

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Novice
編舞者: Jérôme Ciurana (FR) - April 2017
音樂: You Gotta Move - Sam Cooke



Start: on the lyric or 6 sec. Do the dance and at the end. the final - CCW dance

[1-8] SIDE, TOUCH, SIDE, TOUCH, SIDE, BEHIND, AND HEEL, AND CROSS

1-2 Step RIGHT to right side, Touch LEFT beside right
3-4 Step LEFT to left side, Touch RIGHT beside the left
5-6 Step RIGHT to right side, Cross LEFT behind th right
&7 Step RIGHT to right side, Heel LEFT in left diagonal
&8 Step LEFT beside the right, Cross RIGHT OVER left

[9-16] 1/4 TURN FORWARD, 1/4 TOUCH, 1/4 TURN BACK, TOUCH ACROSS, SHUFFLE FORWARD, ROCK STEP

1-2 1/4 turn left and step LEFT forward [9H], 1/4 turn and touch RIGHT beside left [6H]
3-4 1/4 turn left and step RIGHT back [3H], Cross touch over right
5&6 Step LEFT forward, Step RIGHT next to left, Step LEFT forward {shuffle}
7-8 Step RIGHT forward, Recover weight on LEFT {rock step}

[17-24] BACK, POINT, BACK, POINT, SHUFFLE FORWARD, STEP 1/4 TURN

1-2 Step RIGHT back, Point LEFT to left side add snap
3-4 Step LEFT back, Point RIGHT to right side add snap
5&6 Step RIGHT forward, Step LEFT next to right, Step RIGHT forward {shuffle}
7-8 Step LEFT forward, Pivot 1/4 turn right [6H]

[25-32] CROSS SHUFFLE, SIDE, BEHIND, MONTEREY 1/4 TURN

1&2 Cross LEFT over right, Step RIGHT to right side, Cross LEFT over the right
3-4 Step RIGHT to right side , Cross LEFT behind the right
5-6 Point RIGHT to right side, 1/4 turn right and step RIGHT beside left [9H]
7-8 Point LEFT to left side, Step left beside the right

Final : end the dance by Monterey spin

YOU GOTTA MOVE !!!!!!!

Les références des heures ne valent que sur le premier mur

Association spirit of country :
spiritofcountry@hotmail.fr
<http://club.quomodo.com/spiritofcountry/bienvenue.html>