

If I've Told You Once, I've Told You Twice

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Jeanne Chamas (USA) - April 2018
音樂: What Part of No - Lorrie Morgan : (iTunes)



ROCK, RECOVER, STEP, HEEL SCUFF, (X2)

1, 2, 3, 4 Rock forward on R, recover on L, step forward on R, scuff L heel forward
5, 6, 7, 8 Rock forward on L, recover on R, step forward on L, scuff R heel forward

OUT, OUT, IN, IN, ¼ PADDLE TURN LEFT, STOMP, STOMP

1, 2, 3, 4 Step R out to R, step L out to L (feet shoulder width apart) step R to center, step L next to R
5, 6, 7, 8 Step R forward, making a ¼ L (taking weight on L), stomp R, stomp L (9:00)

SIDE, BEHIND ¼ TURN R, HEEL SCUFF, SIDE, BEHIND, ¼ TURN L, HEEL SCUFF

1, 2, 3, 4 Step R to R, step L behind R, make a ¼ R stepping forward on R, scuff L heel (12:00)
5, 6, 7, 8 Step L to L, step R behind L, make a ¼ L stepping forward on L, scuff R heel (9:00)

ROCKING CHAIR, STEP, HEEL SCUFF, ¼ LEFT, HEEL SCUFF

1, 2, 3, 4 Step R forward, recover weight on L, step R behind L, recover weight on L
5, 6, 7, 8 Step R forward, scuff L forward, making ¼ turn L, step L, scuff R (6:00)

TAG: *4 count Tag followed by a Restart at end of wall 2. You will be facing 12:00.

Stomp R (1) hold for (2), stomp L (3) hold for (4)

In loving memory of Walt and his love for country music. Happy Birthday

Contact: jlchamas@yahoo.com