

How We Do It

拍數: 48 牆數: 4 級數: Low Intermediate
編舞者: Alessandro Boer (IT) - April 2018
音樂: That's How We Do It - Trailer Choir



Start dancing on lyrics

S1: SCUFF, STEP BACK, SWIVELS X3, COASTER STEP, SAILOR 1/4 TURN RIGHT

1-2 Scuff right foot forward, step right back
3&4 Keeping your weight on right, move heels to left, centre, left
5&6 Step left back, step right together, step left forward
7&8 Step right behind left, turn 1/4 right step left to side, step right forward (3.00)

S2: STEP, SIDE TOUCH, STEP, SIDE TOUCH, SAILOR 1/2 TURN LEFT, STOMP, HOLD

1-2 Step left forward, touch right to right side
3-4 Step right forward, touch left to left side
5&6 Step left behind right, turn 1/2 left step right to side, step left to left side (9.00)
7-8 Stomp right forward, hold

S3: SCUFF, STEP BACK, SWIVELS X3, COASTER STEP, SAILOR 1/4 TURN LEFT

1-2 Scuff left foot forward, step left back
3&4 Keeping your weight on left, move heels to right, centre, right
5&6 Step right back, step left together, step right forward
7&8 Step left behind right, turn 1/4 left step right to side, step left forward (6.00)

S4: STEP, SIDE TOUCH, STEP, SIDE TOUCH, SAILOR 1/2 TURN RIGHT STOMP, HOLD

1-2 Step right forward, touch left to left side
3-4 Step left forward, touch right to right side
5&6 Step right behind right, turn 1/2 right step left to side, step right to right side (12.00)
7-8 Stomp left forward, hold

S5: RIGHT TURNING VINE, SIDE STEP, TOUCH, SIDE STEP, TOUCH

1-2 Turn 1/4 to right and step right forward, turn 1/2 right and step left back
3-4 Turn 1/4 to right and step right to right side, touch left next to right (12.00)
5-6 Step left to left side, touch right next to left
7-8 Step right to right side, touch left next to right

S6: LEFT TURNING VINE, HEEL, TOE, TURN 1/4 HEEL, TOE

1-2 Turn 1/4 to left and step left forward, turn 1/2 left and step right back
3-4 Turn 1/4 to left and step left to left side, touch right next to left (12.00)
5&6& Touch right heel forward, close right in centre, touch left toe next to right, close left in centre
7&8& Turn 1/4 to left and touch right heel forward, close right to centre, touch left heel forward, close left to centre (9.00)

REPEAT

TAG: At the end of the 5th wall, repeat counts [44 to 48] twice and then Restart.

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