

I Laughed Until I Cried

拍數: 96 牆數: 4 級數: Phrased Intermediate
編舞者: Tjwan Oei (NL) - April 2018
音樂: I Laughed Until I Cried - Holly Dunn



Sequence : A – A – B – A – A – B – End

A : 32 counts

A01: Step forward – Pivot ½ turn left with hook – Walk forward (L-R) – Rock forward – Recover – Coaster step

1-2 RF. step forward – RF./LF. pivot ½ turn left with hook LF. in front of RF.
3-4 LF. step forward – RF. step forward
5-6 LF. rock forward – Recover weight onto RF.
7&8 LF. step back – RF. step together – LF. step forward

A02: Right side step – Together – Right chasse – Cross rock – Recover – Left chasse with ¼ turn left

1-2 RF. step to right side – LF. step together
3&4 RF. step to right side – LF. step together – RF. step to right side
5-6 LF. cross over RF. – Recover weight onto RF.
7&8 LF. step to left side – RF. step together – LF. step ¼ turn left forward

A03: Step forward – Left side touch – Step forward – Right side touch – Kick forward – Step back – Sailor cross

1-2 RF. step forward – LF. touch to left side
3-4 LF. step forward – RF. touch to right side
5-6 RF. kick forward – RF. step back
7&8 LF. cross behind RF. – RF. step to right side – LF. cross over RF.

A04: Jazz box – Hips sway (R – L – R – L)

1-2 RF. cross over LF. – LF. step back
3-4 RF. step to right side – LF. step together beside RF.
5-6 Hips sway (R – L)
7-8 Hips sway (R – L)

B : 64 counts

B01: Step forward – Pivot ¾ turn left with hook – Shuffle forward – Forward mambo step – Sailor step with ¼ turn left

1-2 RF. step forward – RF./LF. pivot ¾ turn left with hook LF. in front of RF.
3&4 LF. step forward – RF. step together – LF. step forward
5&6 RF. step forward – Recover weight onto LF. – RF. step together beside LF.
7&8 LF. cross behind RF. – RF. step to right side – LF. step ¼ turn left forward

B02: Rock forward – Recover – Shuffle ½ turn right – Shuffle ½ turn right – Back rock – Recover

1-2 RF. rock forward – Recover weight onto LF.
3&4 RF. step ¼ turn right forward – LF. step ¼ turn right forward – RF. step forward
5&6 LF. step ¼ turn right forward – RF. step ¼ turn right forward – LF. step forward
7-8 RF. rock back – Recover weight onto LF.

B03: Diagonally right step fwd. – Lock – Step fwd. – Scuff – Diagonally left step fwd. – Lock step – Step fwd. – Scuff

1-2 RF. step diagonally right forward – LF. lock behind RF.
3-4 RF. step forward – LF. scuff forward
5-6 LF. step diagonally left forward – RF. lock behind LF.

7-8 LF. step forward – RF. scuff forward

B04: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left

1-2 RF. rock forward – Recover weight onto LF.

3-4 RF. rock back – Recover weight onto LF.

5-6 RF. step forward – RF./LF. pivot ½ turn left

7-8 RF. step forward – RF./LF. pivot ¼ turn left

B05: Vine to right side – Sweep from back to front – Step ¼ turn left forward – Shuffle forward

1-2 RF. step to right side – LF. cross behind RF.

3-4 RF. step to right side – LF. cross over RF.

5-6 RF. sweep from back to front – RF. step ¼ turn left forward

7&8 LF. step forward – RF. step together – LF. step forward

B06: Rock forward – Recover – Shuffle ½ turn right – Shuffle ½ turn right – Rock back – Recover

1-2 RF. rock forward – Recover weight onto LF.

3&4 RF. step ¼ turn right forward – LF. step ¼ turn right forward- RF. step forward

5&6 LF. step ¼ turn right forward – RF. step ¼ turn right forward – LF. step forward

7-8 RF. rock back – Recover weight onto LF.

B07: Step forward – Left side touch – Step forward – Right side touch – Kick forward – Step back – Sailor cross

1-2 RF. step forward – LF. touch to left side

3-4 LF. step forward – RF. touch to right side

5-6 RF. kick forward – RF. step back

7&8 LF. cross behind RF. – RF. step to right side – LF. cross over RF.

B08: Jazz box with cross over – Rock back – Recover – Walk forward (R – L)

1-2 RF. cross over LF. – LF. step back

3-4 RF. step to right side – LF. cross over RF.

5-6 RF. rock back – Recover weight onto LF.

7-8 RF. step forward – LF. step forward

Ending :

Do the dance B – Position 07 and 08 till the end ,.....

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