

拍數: 80

牆數: 2

級數: Phrased Intermediate / Advanced
Novelty

編舞者: Kety B (IT) - April 2018

音樂: XXL - Keith Anderson



Sequence: A, tag 1, A, B, tag 2, tag 3, A, B, tag 2, A, B, tag 2, tag 1, B (only first 16 counts), tag 2

PARTE A: 48 counts**A1: SHUFFLE 2X , STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH HEEL FWD, STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH TOE FWD**

1&2 RF step forward, LF step together, RF step forward
 3&4 LF step forward, RF step together, LF step forward
 &5&6 RF step forward, LF touch toe behind RF, LF step back, RF touch heel forward LF
 &7&8 RF step forward, LF touch heel forward LF, LF step back, RF touch heel forward LF

A2: SHUFFLE 2X BACK , STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH HEEL FWD, STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH TOE FWD

1&2 RF step back, LF step together, RF step back
 3&4 LF step back, RF step back, LF step back
 &5 &6 RF step back, LF touch heel forward RF, LF step forward, RF touch toe behind LF
 & 7 & 8 RF step back, LF touch heel forward RF, LF step forward, RF touch toe behind LF

A3: SHUFFLE 2X BACK , STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH HEEL FWD, STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH TOE FWD

1&2 RF step side RF, LF step together, RF step side RF
 3&4 LF ½ turn LF, step side (6.00), RF step together, LF step side
 5&6 RF ½ turn LF, step side RF (12.00), LF step together, RF step side
 7&8 LF step cross behind RF, RF ¼ turn LF step side forward, LF ¼ turn LF step forward (6.00)

A4: SHUFFLE 2X BACK , STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH HEEL FWD, STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH TOE FWD

1&2 RF step side RF, LF step together, RF step side
 3&4 LF ½ turn LF, step side LF (12.00), RF step together, LF step side
 5&6 RF ½ turn LF, step side RF (6.00), LF step together
 7&8 LF step cross behind RF, RF ¼ turn LF step side forward, LF ¼ turn LF step forward (12.00)

A5: SHUFFLE 2X BACK , STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH HEEL FWD, STEP FWD, TOUCH TOE BACK, STEP BACK, TOUCH TOE FWD

1-2 RF rock side RF, LF recover weight
 3&4 RF step side RF, LF close next RF, RF cross over LF
 5-6 LF rock side LF, RF recover weight
 7&8 LF step back, RF close next LF, LF step forward

A6: OUT OUT, HOLD , SHAKE SHOULDERS, ½ STEP TURN L X2

&1-2 RF step out RF, LF step out LF, hold
 & 3&4 shake shoulder R-L-R-L
 5-6 RF step forward ½ turn LF (6.00), LF step forward
 7-8 RF step forward ½ turn LF (12.00), LF step forward

PARTE B: 32 counts**B1: BALL CROSS , STEP BACK DIAG. R, TOUCH HEEL FWD DIAG. L, FLICK FWD, BALL CROSS, STEP BACK DIAG. L, TOUCH HEEL FWD DIAG. R, FLICK BACK**

&1&2 RF ball side, LF cross over RF, RF step back diagonally RF, LF touch heel diagonally LF
3-4 LF flick forward, LF touch heel diagonally LF
&5&6 LF ball side, RF cross over LF, LF step back diagonally RF, RF touch heel diagonally RF
7-8 RF flick back, RF touch heel diagonally RF

B2: STEP, FLICK FWD SLAP, 3/4 TURN R FLICK BACK SLAP, SHUFFLE BACK, ROCK RECOVER X2

&1&2 RF step side RF, LF flick forward & slap RF, LF ¾ turn Rf flick back & slap LF
3&4 LF step back (3.00), Rf step together, Lf step back
5-6 LF step back, LF recover
7-8 RF rock forward, LF recover

B3: BALL CROSS , STEP BACK DIAG. R, TOUCH HEEL FWD DIAG. L, FLICK FWD, BALL CROSS, STEP BACK DIAG. L, TOUCH HEEL FWD DIAG. R, FLICK BACK

&1&2 RF ball side, LF cross over RF, RF step back diagonally RF, LF touch heel diagonally LF
3-4 LF flick forward, LF touch heel diagonally LF
&5&6 LF ball side, RF cross over LF, LF step back diagonally LF, Rf touch heel diagonally RF
7-8 Rf flick back, RF touch heel diagonally RF

B4: STEP, FLICK FWD SLAP, 3/4 TURN R FLICK BACK SLAP, SHUFFLE BACK, ROCK RECOVER X2

&1-2 RF step side RF, LF flick forward & slap RF, LF ¾ turn RF flick back & slap LF
3&4 LF step back (6.00), RF step together, LF step back
5-6 RF step back, LF recover
7-8 RF rock forward, LF recover

Tag 1 (8 counts)

BIG STEP SLIDE , BUMP R X2, BIG STEP SLIDE, BUMP S X2

1-2 RF big step side RF, Lf slide
3-4 hip bump RF, hip bump RF
5-6 LF big step side RF, RF slide
7-8 hip bump LF, hip bump Lf

Tag 2 (8 counts)

Last 8 counts part A

Tag 3 (16 counts)

STEP FWD, TOUCH, STEP SIDE , TOUCH, STEP BACK, TOUCH, STEP SIDE, STOMP UP

1-2 RF step forward, LF touch side LF
3-4 LF step side LF, RF touch next LF
5-6 RF step back, LF touch side LF
7-8 LF step side LF, RF stomp up (weight on LF)

STEP FWD, TOUCH, STEP SIDE , TOUCH, STEP BACK, TOUCH, STOMP UP, SCUFF

1-2 LF step forward, RF touch side LF
3-4 RF touch side LF, LF touch next LF
5-6 LF step back, RF touch side LF
7-8 RF stomp up (weight on LF), RF scuff

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