

Everything Now

COPPER KNOB
STEPSHEETS

拍數: 88 牆數: 1 級數: Phrased Intermediate
編舞者: Anna REVERT (AND) - April 2018
音樂: Everything Now - Arcade Fire



Count: Phrased : A-A-16A-8B(½ turn)-A-16A-B(8 ½ turn)-C-A-A-16A-B(8 ½ turn)-B-C-C-A-A-A-C
Start on 3th count after music starts

Part A: 48 counts

A[1-8] R CROSS POINT, L CROSS POINT, STEP DIAGONAL, HOLD, L STEP, R ROCK, COASTER STEP

1&2 R point diagonal over L, R beside L, L point diagonal over R
&3-4 L beside R, R step forward diagonal, hold
a5-6 L step behind R, R step forward, recover on L
7&8 R step back, L beside R, R step forward diagonal

A[9-16] L STEP DIAGONAL, HOLD, R STEP, L ROCK STEP, COASTER STEP, STEP, ½ TURN

1-2 L step diagonal, hold
a3-4 R step behind L, L Rock forward diagonal, recover on R
5&6 L step back, R beside L, L step forward diagonal
7-8 R step forward, ½ turn to L

A[17-24] R SHUFFLE, L SIDE ROCK, L SAILOR STEP, R SAILOR STEP

1&2 R step forward, L lock behind R, R step forward
3-4 L rock to side, recover on R
5&6 L step behind R, R step to R side, L step to L side
7&8 R step behind L, L step to L side, R step to R side

A[25-32] L ROCKIN CHAIR DIAGONAL, L ROCK , SWEEP, L STEP BEHIND, BEND KNEES, R KICK, L POINT

1&2& L rock forward diagonal, recover on R, L rock back diagonal, recover on R
3-4 L rock forward diagonal, recover on R & sweep L from front to back
5-6 L step back diagonal bending knees dip down, bend knees up
7&8 R kick forward diagonal, R beside L, L point to L side

A[33-40] R POINT, HOLD, L ROCK DIAGONAL, COASTER STEP, R KICK BALL POINT

&1-2 L step beside R, R point to R side, hold
a3-4 R step beside L, L Rock forward diagonal, recover on R
5&6 L step back, R beside L, L step forward diagonal
7&8 R kick forward, R step beside L, L point to L side

A[41-48] L KICK BALL POINT, R HEEL FWD, L HELL FWD, R STEP, ¼ TURN, R STEP, ¼ TURN

1&2 L kick forward, L step beside R, R point to L side
3&4& R heel touch forward, R beside L, L heel touch forward, L beside R
5-6 R step forward, ¼ turn to L
7-8 R step forward, ¼ turn to L

Part B: 24 counts

B[1-8] R STEP TO R, L POINT BEHIND R, L STEP TO L, R POINT BEHIND L - TWICE

1-2 R step to right side and hands up with snaps, L point behind R and hands down with snaps
3-4 L step to right side and hands up with snaps, R point behind L and hands down with snaps
5-8 Repeat 1 to 4

(To do 8 counts ½ turn, step L ¼ turn to L on counts 3 and 7)

B[9-16] MONTEREY ½ TURN TO RIGHT -TWICE

- 1-2 R point to R side, ½ turn R together L
- 3-4 L point to L side, L together R
- 5-8 Repeat 1 to 4

B[17-24] R POINT R BODY TO 9:00, HANDS FRONT AND SNAP, L POINT L BODY TO 3:00, HANDS FRONT AND SNAP - TWICE

- 1-2 R point to R side body looking to 9:00, hands in front with snaps
- &3-4 R together L, L point to L side body looking to 3:00, hands in front with snaps
- &5-6 L together R, R point to R side body looking to 9:00, hands in front with snaps
- &7-8& R together L, L point to L side body looking to 3:00, hands in front with snaps, L together R

Part C: 16 counts

C[1-8] STEPS BACK, STEPS FORWARD, OUT OUT

- 1-4 R L R L steps back
- 5-6 R L steps forward
- 7-8 R step out with R arm extended beside body and R hand open, L step out with L arm extended beside body and L hand open

C[9-16] FREE STEPS BACK, STEPS FORWARD, OUT OUT

- 1-4 free steps back - do whatever you want !
- 5-6 R L steps forward
- 7-8 R step out with R arm extended beside body and R hand open, L step out with L arm extended beside body and L hand open

'A' always starts at 12:00, after doing 16 counts 'A', you are at 6:00, next 8 counts are part 'B', do with ½ turn to start 'A' at 12:00.

To end the dance, last 8 counts, after counts 7-8 of part C, extend yours arms and bring them up, and down through front, ending with open hands beside body

I hope you enjoy it !!!

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