

Crash Course

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Crash Course In the Blues - Steve Wariner



Intro: 16 Counts

[1-8] ROCK STEP, SHUFFLE BACKWARD (x2), KICK BALL CHANGE

1-2 RF Step forward, LF Recover weight
3&4 RF Step backward, LF Step together, RF Step backward
5&6 LF Step backward, RF Step together, LF Step backward
7&8 RF Kick backward, RF Step together, LF Step together

[9- 16] WALKS FORWARD (x2), SHUFFLE FORWARD, STEP TURN 1/4 R, CROSS SHUFFLE

1-2 RF Step forward, LF Step forward
3&4 RF Step forward, LF Step together, RF Step forward
5-6 LF Step forward, 1/4 Turn R with RF Recover weight (3:00)
7&8 LF Cross over, RF Step together, LF Cross over

[17-24] SAILOR SHUFFLE, TOE AND HEEL SWITCHES

&1&2 RF Step side R, LF Heel side L, LF Cross behind, RF Cross over
&3&4 LF Step side L, RF Heel side R, RF Cross behind, LF Cross over
5&6& RF Point side R, RF Step together, LF Point side L, LF Step together
7&8& RF Heel forward, RF Step together, LF Heel forward, LF Step together

[25-32] STEP TURN 1/2 L, FULL TRAVELLING PIVOT, ROCKING CHAIR

1-2 RF Step forward, 1/2 Turn L with LF Recover weight (9:00)
3-4 1/2 Turn L with RF Step backward, 1/2 Turn L with Step forward
5-6 RF Step forward, LF Recover weight
7-8 RF Step backward, LF Recover weight

TAG 1: At the 2nd Wall after 16 Accounts, Add 8 accounts and Start from the beginning:

[1-8] APPLE JACK, BREAK SIDE, TOGETHER

&1 RF Step together, RF Pivot Point outside and LF Pivot Heel inside
& RF Pivot Point inside and LF Pivot Heel outside
2 RF Pivot Heel Inside and LF Pivot Point outside
& RF Pivot Heel outside and LF Pivot Point inside
3 RF Pivot Point outside and LF Pivot Heel inside
& RF Pivot Point inside and LF Pivot Heel outside
4 RF Pivot Heel Inside and LF Pivot Point outside
& RF Pivot Heel outside and LF Pivot Point inside
5-6-7 RF Stomp side R, Hold, Hold
8 LF Step together

TAG 2: At the 9th Wall after 16 accounts, add 4 accounts and start from the beginning:

1-4 RF Step backward, LF Step together, RF Step forward, LF Step forward

FUNNEL: At the 4th and 7th Walls after 16 counts, Add 2 counts and Resume to the 17th counts:

1 - 2 RF Step side R, LF Cross over

