

# Strong, Sweet And Southern

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Joanne Luelf (AUS) & Tracy Pearce (AUS) - January 2018  
音樂: Strong Sweet & Southern - Hayley Orrantia



Start on vocals

## Section 1: Heel, Hook, Heel, Flick, Forward Shuffle

1&2&3&4      Touch R heel fwd into R diagonal, hook R in front of L, touch R heel fwd, flick R back, shuffle fwd RLR  
5&6&7&8      Touch L heel fwd into L diagonal, hook in front of R, touch L heel fwd, flick L back shuffle fwd LRL

## Section 2: Rock Forward, Recover, ½ Turn Shuffle, ½ Turn Shuffle, Back Mambo Step

1-2, 3&4      Rock fwd R, Rock back L, ½ turn shuffle RLR  
5&6, 7&8      ½ turn shuffle LRL, rock back on R, recover on L, touch R next to L

## Section 3: Turn, Turn, Turn, Hip, Hip, Hip, Turn, Turn, Turn, Hip, Hip, Hip

1-2, 3&4      ¼ turn R stepping forward on R. ½ turn R stepping back on L, ¼ turn R, Hip, Hip, Hip  
5-6, 7&8      ¼ turn L, stepping forward on L. ½ turn L stepping back on R, ¼ turn L, Hip, Hip, Hip

## Section 4: Cross Point, Cross Point, Jazz Box

1,2,3,4      Cross R over L point L to L side, Cross L over R point R to R side  
5,6,7,8      Cross R over L, step back on L, step R to R side, step L beside R. \*\*\* (Tag)

## Section 5: Step ½ Turn, Shuffle, Step ½ Turn Shuffle

1-2, 3&4      Step fwd on R, ½ turn L, Step fwd on R, L beside R, Step R fwd  
5-6, 7&8      Step fwd on L, ½ turn R, Step fwd on L, R beside L, Step L fwd \*\* ( Restart )

## Section 6: Step ¼ turn, Step ¼ turn, Jazz Box

1,2,3,4      Step fwd on R, ¼ turn L, Step fwd on R, ¼ turn L (6.00)  
5,6,7,8      Cross R over L, Step back on L, Step R to R side, Step L beside R

Tag: On Wall 4 (12.00) after 32 counts \*\*\*

## Section T1: Rhumba Box

1,2,3,4      Step R to R side, Step L next to R, Step fwd on R, Drag L to R  
5,6,7,8      Step L to L side, Step R next to L, Step back on L, Drag R to L

## Section T2: Rock, Recover, Cross, 1/4 Turn Tap Toe x4

1&2,3&4      Side rock on R step onto L, cross R over L, Side rock on L, step onto R, cross L over R  
5&6&7&8      Tap R foot ¼ turn L, Tap R foot ¼ turn L, Tap R foot ¼ turn L, Tap R foot ¼ turn L

Repeat sections 1&2

## Section T5: ¼ Turn, Side Shuffle x4

1&2,3&4      Turn ¼ L, Step side, together, side Turn ¼ L, Step side, together, side  
5&6, 7&8      Turn ¼ L, Step side, together, side Turn ¼ L, Step side, together, side

## Section T6: Heel and Heel. Shuffle R, Heel and Heel Shuffle L

1&2&3&4      Step R heel to R diagonal, Step R next to L, Step L heel to L diagonal, step L next to R, Step fwd on R step L beside R, Step R fwd  
5&6&7&8      Step L heel to L diagonal, Step L next to R, Step L heel to L diagonal, step R next to L, Step fwd on L step R beside L, Step L fwd

**Section T7: Step ½ Turn, Shuffle, Step ½ Turn Shuffle**

1-2, 3&4      Step fwd on R, ½ turn L, Step fwd on R, L beside R, Step R fwd

5-6, 7&8      Step fwd on L, ½ turn R, Step fwd on L, R beside L, Step L fwd

**Section T8: Step ¼ Turn, Step ¼ Turn, Jazz Box**

1,2,3,4      Step fwd on R, ¼ turn L, Step fwd on R, ¼ turn L (6.00)

5,6,7,8      Cross R over L, Step back on L, Step R to R side, Step L beside R

**Restart On Wall 2 (6.00) after 40 counts**

**ENJOY**

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**Last Update – 19th April 2018**

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