

Short Shorts

COPPER KNOB
STEPPERS

拍數: 128 牆數: 2 級數: Phrased Intermediate
編舞者: Kerry Maus (USA) - March 2018
音樂: Roll 'em Up (feat. Jack & Jack) - Alli Simpson : (iTunes)



Sequence: ABC AB TAG AABC

Intro: 32 counts

Section A: 48 counts

[1-8] CROSS, SIDE ROCK, RECOVER, CROSS, POINT, HITCH, STEP, BEHIND

1,2,3,4 1) Cross R over L, 2) rock L to left, 3) recover R, 4) cross L over R
5,6,7,8 5) Point R to right, 6) hitch R knee, 7) Step R to right, 8) cross L behind R

[9-16] 1/8 STEP, TOUCH, BACK, 1/8 SIDE, CROSS TOE STRUT, TOE STRUT

1,2 1) Turn 1/8 right, stepping R forward, 2) touch L behind R [1:30]
3,4 3) Step L back, 4) turn 1/8 right, stepping R to right [4:30]
5,6,7,8 5) Cross L toe over R, 6) drop L heel, 7) step R toe to right, 8) drop R heel

[17-24] KICK, BEHIND, 1/8 SIDE, CROSS, TOUCH, HITCH W/ KNEE SLAP, STEP, HITCH W/ KNEE SLAP

1,2,3,4 1) Kick L toward [4:30], 2) cross L behind R, 3) step R to right, 4) cross L over R
5,6 5) Touch R to right diagonal, 6) hitch R knee up and out, slapping inside of knee with L hand
7,8 7) Step R in place [4:30], 8) hitch L knee up and out, slapping inside of knee with R hand

[25-32] ¼ STEP, HOLD, STEP, HOLD, ½ TURN HEEL SWIVELS, HOLD

1,2,3,4 1) Turning ¼ left, step L forward, 2) hold, 3) step R forward, 4) hold [3:00]
5,6,7,8 5) Swivel both heels 3/8 right, 6) swivel both heels 1/8 left, 7) swivel both heels ¼ right, 8) hold [9:00]

[33-40] SAILOR STEP, BEHIND, SIDE, CROSS, ¼, BACK, TOGETHER

1,2,3,4 1) Step L behind R, 2) step R to right, 3) step L to left, 4) step R behind L,
5,6,7,8 5) Step L to left, 6) cross R over L, 7) turn ¼ right, stepping L back, 8) step R beside L [12:00]

[41-48] STEP, LOCK, STEP, HITCH ½ TURN, BACK, ½, ½, TOGETHER

1,2,3,4 1) Step L forward, 2) lock R behind L, 3) step L forward, 4) hitch R knee turn ½ left
5,6,7,8 5) Step R back, 6) turn ½ left, stepping L forward, 7) turn ½ left, stepping R back, 8) step L beside R [6:00]

Section B: 48 counts "Short shorts"

[1-8] CROSS, SIDE, BEHIND, TOGETHER, KNEE POPS (X3)

1,2 1) Cross R over L, 2) step L to left,
3,4 3) step R behind L & R hand on R hip 4) step L beside R & L hand on L hip [7:30]
5,6,7,8 5) Pop R knee forward, 6) hold, 7) pop L knee forward, 8) pop R knee forward

[9-16] CROSS, SIDE, BEHIND, TOGETHER, KNEE POPS (X3)

1,2 1) Cross R over L, 2) step L to left,
3,4 3) step R behind L & R hand point to R thigh 4) step L beside R & L hand point to L thigh [10:30]
5,6,7,8 5) Pop R knee forward, 6) hold, 7) pop L knee forward, 8) pop R knee forward

[17-25] CROSS, SIDE, BEHIND, TOGETHER, KNEE POPS (X3)

1,2 1) Cross R over L, 2) step L to left,
3,4 3) step R behind L & R hand on R hip 4) step L beside R & L hand on L hip [1:30]
5,6,7,8 5) Pop R knee forward, 6) hold, 7) pop L knee forward, 8) pop R knee forward

[26-32] CROSS, SIDE, BEHIND, TOGETHER, KNEE POPS (X3)

- 1,2 1) Cross R over L, 2) step L to left,
3,4 3) step R behind L & R hand point to R thigh 4) step L beside R & L hand point to L thigh
 [4:30]
5,6,7,8 5) Pop R knee forward, 6) hold, 7) pop L knee forward, 8) pop R knee forward

[33-40] CROSS SAMBA, 1/8 CROSS SAMBA

- 1,2,3,4 1) Cross R over L, 2) rock L to left, 3) recover R, 4) hold
5,6,7,8 5) Turn 1/8 right, cross L over R, 6) rock R to right, 7) recover L, 8) hold [6:00]

[41-48] ½ TURNING JAZZ BOX, OUT, OUT, IN, IN

- 1,2,3,4 1) Cross R over L, 2) turn ¼ right, stepping L back, 3) turn ¼ right, stepping R forward, 4)
 step L forward
5,6,7,8 5) Step R to right, up on ball of foot, 6) step L to left, up on ball of foot, 7) step R in, 8) step L
 beside R [12:00]

Section C: 32 counts

[1-8] CROSS, 1/8 , BACK, BACK, HITCH, BEHIND, ¼, FORWARD, FORWARD, HITCH

- 1,2,3,4 1) Cross R over L, 2) turn 1/8 right, stepping L back, 3) step R back, 4) hitch L [1:30]
5,6,7,8 5) Cross L behind R, 6) turn ¼ right, stepping R forward, 7) step L forward, 8) hitch R [4:30]

[9-16] CROSS, ¼, BACK, BACK, HITCH, BEHIND, 1/8 , HIP ROLL, HOLD

- 1,2,3,4 1) Cross R over L, 2) turn ¼ right, stepping L back, 3) step R back, 4) hitch L [7:30]
5,6,7,8 5) turn 1/8 right, touching L to left, 6) Roll hips CC to left, 7) Roll hips CC to right, 8) hold
 [9:00]

[17-24] BEHIND, 1/8 , FORWARD, FORWARD, HITCH, CROSS, ¼, BACK, BACK, HITCH

- 1,2,3,4 1) Cross L behind R, 2) turn 1/8 right, stepping R forward, 3) step L forward, 4) hitch R
 [10:30]
5,6,7,8 5) Cross R over L, 6) turn ¼ right, stepping L back, 7) step R back, 8) hitch L [1:30]

[25-32] SIDE ROCK, 1/8 , RECOVER, CROSS, OUT, OUT, SWIVEL IN, TOES, HEELS, TOES, HOLD (w/ HANDS)

- 1,2,3,4,5 1) Rock L to left, 2) turn 1/8 left, recover R, 3) cross L over R, 4) step R to right, 5) step L to
 left [12:00]
6&7,8 6) swivel both heels in, &) swivel both toes in, 7) swivel both heels in, 8) hold
(arms: point index fingers toward each other, in front of chest, 6-7) make a rolling motion together, 8) point
both up.)

TAG: 48 counts

[1-8] SAILOR STEP, SAILOR STEP

- 1,2,3,4 1) Step R behind L, 2) step L to left, 3) step R to right, 4) hold
5,6,7,8 5) Step L behind R, 6) step R to right, 7) step L to left, 8) hold

[9-16] BEHIND, SIDE, CROSS, ¼, ½ PIVOT, ¼ SIDE, DRAG

- 1,2,3,4 1) Cross R behind L, 2) step L to left, 3) cross R over L, 4) turn ¼ left, stepping L forward
5,6,7,8 5) Step R forward, 6) turn ½ left, taking weight to L, 7) turn ¼ left, stepping R to right, 8) drag
 L beside R [12:00]

[17-25] SAILOR STEP, SAILOR STEP

- 1,2,3,4 1) Step L behind R, 2) step R to right, 3) step L to left, 4) hold
5,6,7,8 5) Step R behind L, 6) step L to left, 7) step R to right, 8) hold

[26-32] BEHIND, SIDE, CROSS, ¼, ½ PIVOT, ¼ SIDE, DRAG

- 1,2,3,4 1) Cross L behind R, 2) step R to right, 3) cross L over R, 4) turn ¼ right, stepping R forward
5,6,7,8 5) Step L forward, 6) turn ½ right, taking weight to R, 7) turn ¼ right, stepping L to left, 8)
 drag R beside L [12:00]

[33-40] L KNEE, R KNEE, L KNEE, HOLD, R KNEE, L KNEE, R KNEE, HOLD

1,2,3,4 1) Pop L knee forward, 2) pop R knee forward, 3) pop L knee forward, 4) hold
5,6,7,8 5) Pop R knee forward, 6) pop L knee forward, 7) pop R knee forward, 8) hold

[41-48] TOE STRUT, TOE STRUT, ½ PIVOT (W/ ARM), WALK, WALK

1,2,3,4 1) Step R toe forward, 2) drop R heel, 3) step L toe forward, 4) drop L heel
5,6,7,8 5) Step R forward, 6) turn ½ left, taking weight to L, 7) Step R forward, 8) step L forward
(arm: R arm is up on count 5, when you do the ½ pivot, keep your arm behind you & drop it down on count 6)

Have fun and DANCE HAPPY!

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