

Salardu Mountain

拍數: 60 牆數: 2 級數: Newcomer
編舞者: Maria Rovira (ES) - August 2014
音樂: "Doin' the Newfie stomp" Interprete desconocido.



Start dance on lyrics

[1-8] RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, GRAPEVINE RIGHT SYNCOPATHED, STEP.

1&2 Step diagonally right forward, step left together, step diagonally right forward
3&4 Step diagonally left forward, step right together, step diagonally left forward
5-6 Step right side, cross left behind right
&7-8 Step right side next to left, step left over right, step right side

[9-16] LEFT SHUFFLE BACK, RIGHT SHUFFLE BACK, GRAPEVINE LEFT SYNCOPATHED, STEP.

1&2 Step diagonally left back, step left together, step diagonally step back
3&4 Step diagonally right back, step left together, step diagonally right back
5-6 Step left side, step right behind left
&7-8 Step left side next to right, step right over left, step left side

[17-24] MONTEREY ¼ TURN RIGHT, MONTEREY ¼ TURN RIGHT.

1-2 Touch right toe to side, Turn ¼ right and step right together
3-4 Touch left toe to side, step left together
5-6-7-8 Repeat counts 17- 20.

[25-32] RIGHT JAZZ BOX, SIDE SWITCHES, CLAP TWICE.

1-2 Cross right over left, step left back
3-4 Step right side, step left forward
5&6 Touch right toe to side, step right together, touch left toe to side
&7&8 Step left together, Touch right toe to side, clap, clap

[33-40] KICK & HEEL, & STEP TOUCH CROSS & HEEL, OUT HEEL, OUT HEEL, STEP, STEP.

1&2 Kick right forward, step right together, touch left heel forward
&3&4 (weight on left) touch right toe behind left, step right back, touch left heel forward
&5-6 Step left together, step diagonally right forward (with heel), Step left side (with heel)
7-8 Step right back, step left back next to right

[41-48] REPEAT COUNTS [33-40]

[49-56] REPEAT COUNTS [33-40]

[57-60] SIDE SWITCHES, CLAP TWICE.

1&2 Touch right toe to side, step right together, touch left toe to side
&3&4 Step left together, Touch right toe to side, clap, clap

ENJOY IT!!

EASY OPTION FOR COUNTS [33-40]

[33-40] HEEL & HEEL, & HEEL, & HEEL, OUT-OUT, STEP, STEP.

1&2 Touch right heel forward, step right together, touch left heel forward
&3&4 Step Left together, Touch right heel forward, step right together, touch left heel forward
&5-6 Step left together, step diagonally right forward, Step left side
7-8 Step right back, step left back next to right

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