

Breathe

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Vickie Smith (USA) - July 2017
音樂: Room To Breathe - Chase Bryant



Alt. Music:-

HEARTACHE ON THE DANCE FLOOR BY JON PARDI

IT AIN'T MY FAULT BY: BROTHERS OSBORNE

CLAP TWICE ON THE HOLDS

R ROCKING CHAIR, SIDE ROCK, CROSS, HOLD

1-2 3-4 ROCK R FORWARD – RETURN ROCK R BACK – RETURN

5-6 7-8 ROCK R TO SIDE – RETURN CROSS R OVER L – HOLD

½ TURN, CROSS SHUFFLE, SIDE ROCK, CROSS, HOLD

9-10 11&12 TURN ½ R, STEPPING L-R CROSS L SHUFFLE L-R-L

13-14 15-16 ROCK R TO SIDE – RETURN CROSS R OVER L – HOLD

L ROCKING CHAIR, SIDE ROCK, CROSS, HOLD

17-18 19-20 ROCK L FORWARD – RETURN ROCK L BACK – RETURN

21-22 23-24 ROCK L TO SIDE – RETURN CROSS L OVER R – HOLD

½ TURN, CROSS SHUFFLE, SIDE ROCK, CROSS, HOLD

25-26 27&28 TURN ½ L – STEPPING R-L CROSS R SHUFFLE – R-L-R

29-30 31-32 ROCK L TO SIDE – RETURN CROSS L OVER R – HOLD

4 HIP WALKS FORWARD

33&34 35&36 STEP FORWARD R & BUMP X 2 STEP FORWARD L & BUMP X 2

37&38 39&40 STEP FORWARD R & BUMP X 2 STEP FORWARD L & BUMP X 2

2 – ¼ MONTEREY TURNS TO R

41-42 43-44 POINT R – TOGETHER – ¼ TURN – POINT L – TOGETHER

45-46 47-48 POINT R – TOGETHER – ¼ TURN – POINT L – TOGETHER

START OVER & HAVE FUN

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