

# Ride On & Out

拍數: 64                      牆數: 2                      級數: Phrased Improver  
編舞者: Christiane FAVILLIER (FR) - March 2018  
音樂: Ride On, Ride Out (feat. Dmc) - Colt Ford : (Album: Chicken and Biscuits)



(Sequence: A, BB, A, BB, A, B (on the instrumental) A -)  
Musical Intro - 32 counts

**PART A: 32 time when he sings "RIDE ON, RIDE OUT"**

**A[1 to 8]-POINT SIDE & KICK FORWARD, TRIPLE STEP IN PLACE (Twice)**

1 2                      Point RF to R, kick in front of RF  
3 & 4                      Ground tap RF, LF, RF  
5 6                      Point LF on the left, kick in front of LF  
7 & 8                      Ground tap LF, RF, LF

**A[9 to 16] - STEP ¼ TURN, STEP ½ TURN, STEP FORWARD & POINT X2**

1 2                      Put RF in front and rotate 1/4 turn to the left (9H)  
3 4                      Put RF in front and rotate 1/2 turn to the left (3H)  
5 6                      Forward RF, point LF to the left  
7 8                      Move LF, point to the right

**A[17 to 24] - KICK FORWARD & SIDE, TRIPLE STEP IN PLACE (Twice)**

1 2                      Kick RF in front, kick RF to R  
3 & 4                      Ground tap RF, LF, RF  
5 6                      Kick LF in front, Kick LF to L  
7 & 8                      Ground tap LF, RF, LF

**A[25 to 32] - STEP ¼, STEP ½ TURN, STEP FORWARD & POINT X2**

1 2                      Put RF in front and rotate 1/4 turn to the left (12H)  
3 4                      Put RF in front and rotate 1/2 turn to the left (6H)  
5 6                      Forward RF, point LF to the left  
7 8                      Move LF \*\*\*, point RF to the right

**\*\*\*FINAL HERE after the 7 (advance LF) rotate just 1/2 turn right to finish at 12H - Thanks -**

**PART B: 32 counts**

**B[1 to 8] - KICK BALL POINT X2, SWEEP & BACK STEP X4,**

1 & 2                      Throw leg R in front (1), bring back RF near LF (&), point LF at L (2)  
3 & 4                      Throw leg L in front (1), bring back LF near RF (&), point RF to R (4)  
5678                      Reverse RF by pulling back and forth with the tip of the RF, back off LF drop back and forth with the tip of the LF

**B[9 to 16] - R BACK ROCK - TRIPLE STEP FWD - FWD ROCK syncopated & SIDE ROCK**

1 2                      Put RF behind (with weight and return)  
3 & 4                      Forward RF, bring back LF behind RF, move forward RF  
56 &                      Poser LF in front (with weight) and back to RF, assemble LF at RF  
7 8                      Set RF to the right (with weight) and return to LF

**B[16 to 24] - STEP ¼ TURN - CROSS SHUFFLE - PIVOT ½ TURN R - CROSS SHUFFLE**

1 2                      Forward RF, rotate 1/4 turn to the left (9H)  
3 & 4                      Cross RF in front of LF, place LF in L, cross RF in front of LF  
5 6                      Reverse LF and rotate 1/2 turn to R (3H)  
7 & 8                      To cross LF in front of RF, to put RF to R, to cross LF in front of RF

**B[25 to 32] - STEP ½ TURN – R CHASSE - CROSS SIDE - POINT L BACK & ¼ PIVOT TURN L**

- 1 2 Advance RF in front and rotate 1/2 turn to the left  
3 & 4 Put RF on the right, bring back LF near the RF, put RF on the right  
5 6 Cross LF in front of RF  
7 & 8 Point LF behind and rotate 1/4 turn left

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**All my choreographies are on my site <http://christianefavillie.wixsite.com/angie>**

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**SUMMARY of the sessions:**

**PART A -32 times -12H/06H**

**PART B -32 times -06H/12H**

**PART B – 32 times -12H/06H**

**PART A - 32 times -06H/12H**

**PART B -32 times -12H/06H**

**PART B - 32 times -06H/12H**

**PART A - 32 times -12H/06H**

**PART B -32 beats - 06H/12H on the instrumental**

**PART A -32 beats - 12H/06H with final dance finished at 12H**

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