

Lonely

拍數: 48 牆數: 2 級數: Improver
編舞者: Christiane FAVILLIER (FR) - March 2018
音樂: A Little Less Lonely - Jace Everett



Musical Intro : 32 counts

[1-8] STOMP, HEEL FAN - STOMP, HEEL FAN

1 Stomp RF in front of
234 Open heel R on the right, then on L, then go back to the center
5 Stomp LF in front of
678 Open heel to L, then R, then return to the center

[9 to 16] -ROCKING CHAIR, STEP ¼ TURN L, CROSS SHUFFLE

1234 Put RF in front and return to LF, place RF behind and return to LF

****The dance ends here ... (replace 56 by ½ turn to the left and the 7 & 8 by a kick ball change PD to 12H)**

Thank you

5 6 Forward RF, rotate 1/4 turn to the left (9H00)
7 & 8 Cross RF in front of LF, place LF on the left, cross RF in front of LF

RESTART HERE (with steps changes) after the 16 times of the 4th Wall - You start at 6 o'clock and you start again at 12 o'clock (replace 56 by ½ turn to the left (instead of 1/4 turn) and 7 & 8 by a kick ball step RF instead of cross shuffle)

[17 to 24] -R KICK BALL CROSS X2, L ROCK SIDE, L COASTER STEP IN PLACE

1 & 2 Kick before LF, bring LF near RF, cross RF in front of LF
3 & 4 Kick before LF, bring LF near RF, cross RF in front of LF
5 6 Set LF left (with weight) and return to RF
7 & 8 Move back LF, bring back RF near the LF, move forward LF

[25 to 32] -STEP ¼ L X2 - JUMP HOLD & CLAPS X2

1 2 Forward RF, rotate 1/4 turn to the left (6H)
3 4 Forward RF, rotate 1/4 turn to the left (03H)
& 56 Small jump forward on both feet, HOLD and clap
& 78 Jump back on both feet, HOLD and clap

[33 to 40] -VINE R WITH ¼ TURN R & SCUFF - STEP SIDE TOUCH X2

1234 Place the RF on the right, cross the LF behind the RF, rotate 1/4 turn to R (6H), place the RF on the right, scrape L heel next to RF
5 6 Put LF on the left, touch the tip of the RF near the LF
7 8 Putting RF on the right, touching LF near the RF

[41 to 48] -HALF TURN & POINT SIDE (X2) - CROSS L OVER R, SIDE R, CROSS L BEHIND, STOMP-UP R (Weave modified)

1 2 Pivot on LF of a 1/2 turn to L point RF to the right
3 4 Rotate on RF 1/2 turn to R point LF on the left
5678 Cross LF in front of RF, set RF to R, cross LF behind RF, stomp RF on ground with rebound
6H

TAG N ° 1: end of the first wall at 6H: 16 Time:

[1 to 16]: ROCKING CHAIR, STEP TURN X2 (TWICE)

1234 Put PD in front and return to PG, place PD behind and return to PG
5678 Advance PD, Rotate 1/2 turn to G, Advance PD Rotate 1/2 turn left
12345678 Repeat the session above a second time!

TAG N ° 2: end of the 2nd wall at 12H: 8 Time: same as above but only in 8 beats

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All my choreographies are on my site <http://christianefavillie.wixsite.com/angie>
