

Butterflies

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Magali Bérenger (FR) - April 2018
音樂: Butterflies - Kacey Musgraves : (Album: Golden Hour)



Intro : 16 cts. Start on lyrics.

SCT 1 : Step Lock Step, Sync. Rock Fwd , ½ Turn, ½ turn, ¼ turn, Cross, Side Rock ¼, Step Fwd

- 1 & 2 Step RF fwd, Lock LF behind RF, Step RF fwd
3 & 4 Rock LF fwd, Recover on RF, 1/2 turn Left stepping LF fwd (6:00)
5 & 6 1/2 turn Left stepping RF back (12:00), 1/4 turn Left stepping LF on Left side (9:00), Cross RF over LF
7 & 8 Rock LF on Left side, 1/4 turn right recovering on RF, Step LF fwd (12:00)

RESTART HERE ON WALL 3 (face 6:00)

SCT 2 : Big Side Step, Coaster Step, ½ turn, Sync. Back Rock, 1/8 Walk, 1/8 Walk, Sync. Rock

- 1 Big Step RF on Right side dragging LF
2 & 3 Step LF back, Together on RF, Step LF fwd (Follow through before ct 2)
4 & 5 ½ turn left stepping RF back (6:00), Rock LF back, Recover on RF
6 - 7 1/8 turn right walking on LF (7:30), 1/8 turn right walking on RF (9:00)
8 & Rock LF fwd, Recover on RF

SCT 3 : Back L, R, Sailor ¼, ½ Chassé , Coaster Step, Together

- 1 - 2 Step LF back dragging RF fwd, Step RF back dragging LF fwd, on these 2cts raise up your arms (Butterfly:-))
3 & 4 Cross LF behind RF, 1/4 turn left stepping RF next to LF (6:00), Step LF slightly fwd
(Drop arms slowly during the Sailor step)
5 & 6 ½ turn left stepping RF back (12:00), Step LF next to RF, Step RF back
7 & 8 & Step LF back, Together on RF, Step LF fwd, Together on RF

SCT 4 : Fwd, Fwd wth Hitch, Cross Shuffle, Side Rock ¼, Half Rumba Box, Together

- 1 - 2 Step LF fwd, Step RF fwd while hitching LF
3 & 4 Cross LF over RF, Step RF next to LF, Cross LF over RF
5 - 6 Rock RF on right side, ¼ turn left recovering on LF (9:00)
7 & 8 & Step RF on right side, Together on LF, Step RF fwd, Together on LF

FINAL OPTION : To end the dance facing 12h00 at the end of wall 8, replace last ct(&) by : Pivot 1/4 turn left

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