

Lost Boys

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ann-Kristin Sandberg (NOR) - April 2018
音樂: Lost Boys (Ocean Park Standoff vs Seeb) - Ocean Park Standoff & Seeb :
(iTunes)



INTRO: 16 Counts

STEP-POINT-STEP-POINT-JAZZBOX-STEP FORW

1-2 Step R forw, Point L out to L side
3-4 Step L forw, Point R out to R side
5-6 Cross R over L, Step L backw
7-8 Step R to R side, Step L forw

POINT FORW-POINT TO R-CROSS SHUFFLE-BACK-1/4 TURN R-SHUFFLE FORW

1-2 Point R forw, Point R out to R side
3&4 Cross R over L, Step L to L side, Cross R over L
5-6 Step L backw, ¼ turn R stepping R to R side (F03)
7&8 Step L forw, Step R next to L, Step L forw

RESTART wall 2 after 16 counts F12

SIDE-HOLD-KICK & CROSS-SIDE-HOLD-KICK & CROSS

1&2 Step R to R side, Hold 2 counts (as you shimmy your shoulders to R with bent knees)
3&4 Kick L forw, Step L next to R, Cross R over L
5&6 Step L to L side, Hold 2 counts (as you shimmy your shouldres to L with bent knees)
7&8 Kick R forw, Step L next to R, Cross L over R

¼ TURN R INTO SHUFFLE-1/4 TURN R INTO CHASSE-WALK BACKW x 4

1&2 ¼ turn R stepping R forw, Step L next to R, Step R forw(F06)
3&4 ¼ turn R stepping L to L side, Step R next to L, Step L to L side(F09)
5-6 Step R backw (turn L toe out to L), Step L backw(turn R toe out to R)
7-8 Step R backw(turn L toe out to L), Step L backw(turn R toe out to R)

RESTART: Wall 2 (F09): Dance first 16 counts & start again F12

ENJOY & MOVE YOUR BODY!
