

Moonlight

拍數: 48 牆數: 4 級數: Phrased Novice
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音樂: Moonlight - Grace VanderWaal



Intro: 16 Counts

Phrasing: AAB – AAB – AB – A

A Part: – 32 Counts

A[1-8] Samba Basic R & L, Step, ½ Turn Left, Shuffle Forward

1 a2 Step right to right side, step on left ball behind right, recover weight forward onto right
3 a4 Step left to left side, step on right ball behind left, recover weight forward onto left
5-6 Step right forward, make a ½ turn left and recover weight forward onto left
7 a8 Step right forward, step left beside right, step right forward

A[9-16] Step, ½ Turn Right, Rock Step, ¼ Sailor Turn Left, Hip Bumps R & L

1-2 Step left forward, make a ½ turn right and recover weight forward onto right
3 a4 Step left forward, recover weight back onto right
5 a6 Make a ¼ turn left and step left behind right, step right to the right side, step left slightly forward to left diagonal
7-8 Step right to right side and bump hips right, bump hips left (weight on left)

A[17-24] Rock Step Cross, Chassé R, Rock Step Cross, Chassé L

1-2 Step right over left, recover weight back onto left
3 a4 Step right to right side, step left next to right, step right to right side
5-6 Step left over right, recover weight back onto right
7 a8 Step left to left side, step right next to left, step left to left side

A[25-32] Sailor Steps R & L, Full Turn Forward R, Walks Forward

1 a2 Step left behind right, step right to right side, step left slightly forward to left diagonal
3 a4 Step right behind left, step left to left side, step right slightly forward to right diagonal
5-6 Make a ½ turn right and step left back, make a ½ turn right and step right forward
7-8 Step right forward, step left forward

B Part: – 16 Counts

B[1-8] Mambo Rocks Forward & Back, ½ Step Turn Step Left & Right

1 a2 Step right forward, recover weight back onto left, step right back
3 a4 Step left back, recover weight forward onto right, step left forward
5 a6 Step right forward, make a ½ turn left and recover weight forward onto left, step right forward
7 a8 Step left forward, make a ½ turn right and recover weight forward onto right, step left forward

B[9-16] Shuffle forward , Walks Forward, Side Rock Left , Cross Shuffle

1 a2 Step forward right, step left beside right, step forward right
3-4 Step left forward, step right forward
5-6 Step left to left side, recover weight onto right
7 a8 Step left across right, step right to right side, step left across right

Ending: Step right slowly forward, make a slow ½ turn left (over 4 counts) and finish the dance.

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