

Almost Human

拍數: 64 牆數: 2 級數: Advanced
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音樂: Casi Humanos - Dvicio : (iTunes)



INTRO: 32 counts

[1-8] 2 x Slow Walks Fwd, Step ½ Turn, ½ Turn, Step Back, Hold.

1,2 Step RF forward (1,2)
3,4 Step LF forward (3,4)
5,6 Step RF forward (5) Make ½ turn L placing weight onto LF (6)
7,8 Make ½ turn L stepping back onto RF (7) Hold (8) (12.00)

[9-16] Slow Rock Back, Recover, Hold, Lock Step Fwd, Hold.

1,2 Rock back onto LF (1,2)
3,4 Recover weight onto RF (3) Hold (4)
5,6 Step LF forward (5) Lock RF behind LF (6)
7,8 Step LF forward (7) Hold (8)

[17-24] Cross, Side, Rock Behind, Hold, Recover, ½ Turn, Step L, Sway.

1,2 Cross RF over LF – body facing 11.30(1) Step LF to L – body facing 12.00(2)
3,4 Rock RF behind LF – body facing 1.30 (3) Hold (4)
5,6 Recover weight onto LF (5) Make ½ turn L, weight on RF (6)
7,8 Step LF to L swaying body – weight on LF (7,8) (6.00)

[25-32] Sway R, Recover Weight & Slow Drag, Step, Slow ½ Turn Sweep.

1,2 Weight onto RF, swaying body to R (1,2)
3,4 Recover weight onto LF and slowly drag RF to LF (3,4)
5 Step RF forward (5)
6,7,8 Slowly make ½ turn R, sweeping your LF (6,7,8) (12.00)

CHA CHA: 64 counts

[1-9] Cross, Point, ¾ Hook Turn, R Triple Fwd, Rock, Recover, Coaster Step.

1,2 Cross LF over RF (1) Point R toe to R (2)
3 Make ¾ turn R hooking R foot (3) (9.00)
4&5 R triple forward – R,L,R (4&5)
6,7 Rock LF forward (6) Recover weight onto RF (7)
8&1 Step LF back (8) Step RF next to LF (&) Step LF forward (1)

[10-16] Step, ¼ Turn, 1 x Cuban Break, 2 x Cuban Breaks.

2,3 Step RF forward (2) Make ¼ turn L, weight onto LF (3) (6.00)
4&5 Cross rock RF over LF (4) Recover onto LF (&) Step RF to R side (5)
6&7 Cross rock LF over RF (6) Recover onto RF (&) Rock LF to L side (7)
&&& Recover onto RF (&) Cross rock LF over RF (8) Recover onto RF (&)

[17-25] Step Together x2, Step, Rock Back, Recover, R Triple to Corner.

1,2 Step LF to L (1) Step RF next to LF (2)
3,4 Step LF to L (3) Step RF next to LF (4)
5,6,7 Step LF to L (5) Rock RF back – facing 7.30 (6) Recover onto LF (7) (7.30)
8&1 R triple to corner – R,L,R (8&1)

[26-32] Step, ½ Turn, Small Step ½ Turn, Walks Fwd x3, Turn.

2,3 Step LF forward (2) Make ½ turn R, weight onto RF (3) (1.30)

4& Step LF forward (4) Recover weight onto RF making ½ turn R (&) (7.30)
5,6,7 Walk to corner – L,R,L (5,6,7)
8 Keeping weight on LF, turn R squaring up to 12.00 (8)

[33-41] Point, Hold, Switch, Together, Jump Out, Hips, Together, Rock & Cross.

1,2 Point R toe to R (1) Hold (2)
&3 Step RF next to LF (&) Point L toe to L (3)
&4 Step LF next to RF (&) Jump both feet out – hips width (4)
5,6,7 Figure 8 hip to R (5) Figure 8 hip to L (6) Step RF next to LF (7)
8&1 Rock LF to L (8) Recover onto RF (&) Cross LF over RF (1) (1.30)

[42-48] R Triple Corner, Mambo Fwd & Step Back, Coaster Step, And Lock.

2&3 R triple to corner – R,L,R (2&3)
4&5 Rock LF forward (4) Recover onto RF (&) Step LF back (5)
6&7 Step RF back (6) Step LF next to RF (&) Step RF forward (7)
&8 Step LF forward (&) Lock RF behind LF (8)

[49-57] Full Slow Unwind, Cha Cha Basics x2, Step Fwd.

1,2,3,4 Unwind a full turn R, squaring off to 12.00 (1,2,3,4)
5,6& Step LF to L (5) Close RF to LF (6) Step LF in place (&)
7,8& Step RF to R (7) Close LF to RF (8) Step RF in place (&)
1 Step LF forward (1)

[58-64] ½ Turn, Step, Triple Back, Rock, Recover, Triple Full Turn.

2,3 Make ½ turn L stepping back on RF (2) Step LF back (3) (6.00)
4&5 R triple back – R,L,R (4&5)
6,7 Rock LF back (6) Recover onto RF (7)
8& Triple full turn forward over R shoulder – L,R (8&)
1 *Count 1 is your LF cross to start the cha cha section again.

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Video's will be available on YouTube –
Accounts: [MrDavidoff1984](https://www.youtube.com/channel/UCMrDavidoff1984) or [cudgefudge](https://www.youtube.com/channel/UCcudgefudge)
