

Giddy Up!!

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Alexis Strong (UK) & Sandra Speck (UK) - March 2018
音樂: High Horse - Kacey Musgraves : (iTunes)



Starts On Vocals - (No Tags Or Restarts)

[1-8] STEP FORWARD, 1/2 TURN LEFT, 1/2 TURN SHUFFLE, FORWARD ROCK RECOVER, 3/4 TURN SHUFFLE.

1-2 Step Fwd On L (1) Making 1/2 Turn L, Step Back On R (2) 6:00
3&4 Making 1/2 Turn L, Step On L (3) Step R To L (&) Step L Fwd (4) 12:00
5-6 Rock R Fwd (5) Recover On L (6)
7&8 Making 3/4 Turn R, Step On R (7) Step L To R (&) Step Fwd On R (8) 9:00

[9-16] LEFT SIDE ROCK, BEHIND, SIDE, CROSS, RIGHT SIDE ROCK, BEHIND, SIDE, CROSS.

1-2 Rock L To L (1) Recover On R (2)
3&4 Cross L Behind R (3) Step R To R(&) Cross L Over R (4)
5-6 Rock R To R (5) Recover On L (6)
7&8 Cross R Behind L (7) Step L To L (&) Cross R Over L (8)

[17-24] AND CROSS 1/4., COASTER STEP, 2X DIAGONALS SHUFFLES FORWARD (GALLOPS),

&1-2 Step on to left (&) Cross right over left (1) Make ¼ turn right stepping back on left(2)
3&4 Step back on right (3), close left next to right (&), step forward on right (4)
5&6 Diag Fwd Step L (5) Step R To L (&) Diag Fwd Step L (6)
7&8 Diag Fwd Step R (7) Step L To R (&) Diag Fwd Step R (8) 12.00

[25-32] CROSS, STEP BACK, 1/4 TURN SHUFFLE LEFT, FORWARD RIGHT ROCK, 1/2 TURN SHUFFLE,

1-2 Cross L Over R (1) Step Back On R (2)
3&4 Making 1/4 Turn L, Step Fwd On L (3) Step R To L (&) Step Fwd L (4) 9.00
5-6 Rock R Fwd (5) Recover On L (6)
7&8 Making 1/2 Turn R, Step On R (7) Step L To R (&) Step Fwd R (8) 3.00

[33-40] STEP PIVOT 1/2 TURN, KICK BALL POINT, CROSS POINT, KICK BALL POINT.

1-2 Step Fwd L (1) Pivot 1/2 Turn, Step On R (2) 9.00
3&4 Kick L Fwd (3) Step L (&) Point R to side (4)
5-6 Cross R over L, point L to side
7&8 Kick L Fwd (7) Step L (&) Point R to side (8)

[41-48] CROSS BACK, CHASSE, CROSS BACK CHASSE 1/4

1-2 Cross right over left(1), step back on left foot (2)
3&4 Step right foot to side(3), close left next to right (&), step right foot to side (4)
5 – 6 Cross left foot over right (5), step back on right (6)
7&8 Step left foot to side (7), close R next to L (&), turn ¼ L step forward on L (8)6.00

[49-56] STEP 1/4 TURN, CROSS SHUFFLE, 1/4 RIGHT, 1/2 SPIRAL TURN, FORWARD RIGHT SHUFFLE.

1-2 Step R Fwd (1) Pivot 1/4 Turn L, Step On L (2) 3:00
3&4 Cross R Over L (3) Step L To L (&) Cross R Over L (4)
5-6 Turn 1/4, Step Back On L 6:00 (5) Turn 1/2 Spiral Turn R (Keep weight On L, Tuck R Leg as you turn) (6) 12:00
7&8 Step Fwd On R (7) Step L To R (&) Step Fwd R (8)

[57-64] ROCK RECOVER COASTER STEP, 1/2 SEMI CIRCLE LEFT WALK RIGHT, WALK LEFT, RIGHT SHUFFLE.

1-2 Rock L Fwd (1) Recover On R (2)
3&4 Step Back On L (3) Step R To L (&) Step Fwd On L (4)
5-6 In a Semi Circle , Walk R (5) Walk L (6) (Round To L)
7&8 Step Fwd R (7) Step L To R (&) Step Fwd On R (8) 6:00

Enjoy
