

# A Lotta Bad Habits

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Low Intermediate  
編舞者: Norman Gifford (USA) - April 2018  
音樂: Bad Habits - Michael Lee Austin



## (Rock back, replace, lock-steps forward, step, hold, lock-step, brush)

1-2      Left rock back; right replace forward  
3&4      Left step forward; right lock behind; left step forward  
5-6      Right step forward; hold  
&7-8      Left lock behind; right step forward; left brush

## (Rock-step, chassè turning ¼ left, crossover, reverse turn ½ right, chassè right)

1-2      Left rock forward; right replace back  
3&4      Turn ¼ left stepping side; right together; left step side [9:00]  
5-6      Right crossover; left step side in swivel turn ½ right [3:00]  
7&8      Right step side; left together; right step side

## (Cross-rock, replace, sailor-step, paddle turns RLRL)

1-2      Left cross-rock; right replace  
3&4      Sailor-step (LRL)  
5-8      Paddle turn 1/8 left; paddle turn 1/8 left [12:00]

## (Rock forward, replace, sailor step turning ¼ right, sways LRLR)

1-2      Right rock forward; left replace  
3&4      Sailor-step turning ¼ right (RLR) [3:00]  
5-8      Sway left; right; left; right {RESTART in 3:00 wall #5, you will be facing 6:00}

## (Pivot turns ½ right, kick-ball-change, kick-ball-change)

1-4      Left step forward; pivot turn ½ right; left step forward; pivot turn ½ right  
5&6      Left kick-ball-change  
7&8      Left kick-ball-change

## (Cross, replace, step side, brush, rock forward, replace, long step back, left draw together no weight)

1-4      Left cross-rock; right replace; left step side; right brush forward  
5-8      Right cross-rock; left replace; right long step back; draw left back {TAG, wall #4}

## BEGIN AGAIN

TAG: Done only at the end of wall #4, facing 12:00

## (Point, hold, ball-change, flick, point, hold, ball-change, flick)

1-2      Left point side; hold  
&3-4      Left together; right point side; right flick up behind  
5-6      Right point side; hold  
&7-8      Right together; left point side; left flick up behind

## (Back rock-step, kick-ball-change, pivot-turn ¼ right, sway left, sway right)

1-2      Left rock back; right replace  
3&4      Left kick-ball-change  
5&6      Left step forward; pivot turn ¼ right [3:00]  
7-8      Left sway side; right sway side (with attitude)

## BEGIN AGAIN

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