

Adventure 45

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Ria Vos (NL) & José Miguel Belloque Vane (NL) - April 2018
音樂: Best Adventure - Leaving Thomas : (Single)



Intro: 16 Counts

Dorothy Fwd R-L, Cross Rock, Chasse R

1-2& Step R Fwd to R Diagonal, Lock L Behind R, Step R Fwd to R Diagonal
3-4& Step L Fwd to L Diagonal, Lock R Behind L, Step L Fwd to L Diagonal
5-6 Cross Rock R Over L, Recover on L
7&8 Step R to R Side, Step L Next to R, Step R to R Side

Cross Rock, ¼ L, ½ L, Shuffle ½ Turn L, Rock Fwd

1-2 Cross Rock L Over R, Recover on R
3-4 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R
5&6 Shuffle ½ Turn L Stepping L-R-L
7-8 Rock Fwd on R, Recover on L

Shuffle Back, Shuffle ½ Turn L, Heel & Toe & Toe & Heel & -Turning ¼ L

1&2 Shuffle Back Stepping R-L-R
3&4 Shuffle ½ Turn L Stepping L-R-L
5& Dig R Heel Fwd, Step R Next to L
6& Touch L Toe Next to R, ¼ Turn L Step L Next to R
7& Touch R Toe Next to L, Step R Next to L
8& Dig L Heel Fwd, Step L Next to R

Rock Fwd, Ball-Back, Touch-Ball-Step, ½ Turn R, ¼ Turn R Slide, Touch

1-2 Rock Fwd on R, Recover on L
&3 Step on Ball of R Next to L, Step Back on L
4&5 Touch R Next to L, Step on Ball of R Next to L, Step Fwd on L
6 Pivot ½ Turn R
7-8 ¼ Turn R Step L Big Step to L Side, Touch R Next to L