

Female

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Melanie Cheever (USA) - March 2018
音樂: Female - Keith Urban



NOTES: 16 count intro, 2 Restarts and 1 tag that occurs 3X. The Restart is what makes it a 2 wall dance.

FWD R, L SIDE ROCK CROSS, R SIDE ROCK CROSS, L SIDE, TURN ¼, CROSS, R SIDE, BEHIND, TURN ¼

1, 2&3 Step fwd R(1), Rock L to side(2), Recover R(&), Cross L over R(3)
4&5 Rock R to side(4), Recover L(&), Cross R over L(5)
6&7 Step L to left side(6), Turn ¼ right and step R beside L(&), Cross L over R(7) [3:00]
8&1 Step R to right side(8), Step L behind R(&), Turn ¼ right and step R fwd(1) [6:00]

STROLL

2,3,4 Cross L over R angling body slightly right(2), Lock R behind L(3), Step L fwd(4)
5,6,7 Cross R over L angling body slightly left(5), Lock L behind R (6), Step R fwd(7)
8 Step L fwd

***RESTARTS happen here on Walls 3(@ 6:00) and 7(@12:00)**

NIGHTCLUB BASIC R and L, ¼ TURN R SIDE, L CROSS ROCK, L SIDE, R CROSS ROCK

1, 2& Step R to right side(1), Rock L behind R(2), Recover to R(&)
3, 4& Step L to left side(3), Rock R behind L(4), Recover to L(&)
5, 6& Turn ¼ right stepping side R(5), Cross L over R(6), Recover to R(&) [9:00]
7, 8& Step L to left side(7), Cross R over L(8), Recover to L(&)

TURN ¼ STEP, POINT, STEP, POINT, WALK, WALK, HEEL, STEP, HEEL, STEP

1,2,3,4 Turn ¼ to right stepping R fwd(1), Touch L to left side(2), Step L fwd(3), Touch R to right side(4) [12:00]
5,6 Step R fwd(5), Step L fwd(6)
7&8& Touch R heel fwd(7), Step R fwd(&), Touch L heel fwd(8), Step L fwd(&)

TAG: 4 count Tag after count 32 on Walls 2, 5 and 8. This is at the end of the chorus when he says "Female".

1,2,3,4 Step R fwd lifting right arm fwd and up(1), Tap L behind R and snap(2), Step L back lowering arm and dragging R back(3), Touch R in front of L