

# Alone In My Mind

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Intermediate Cha Cha  
編舞者: Yann Gourvellec (FR) - March 2018  
音樂: Alone (feat. Big Sean & Stefflon Don) - Halsey



Start after 16 counts

## Section 1 : Side, Back rock, Chassee side, Cross rock, Side rock, Cross rock, ¼

1-2-3      Step Left to Left side, cross rock Right behind Left  
4&5      Step Right to the Right side, Step Left next to Right, Step Right to the Right side  
6&7&      Cross rock Left across Right, recover on right, step Left to Left side, recover on Right  
8&1      Cross rock Left across Right, recover on right, Make ¼ turn stepping fwd on Left

## Section 2: Cross ¼ , ½, ¼ Chassee side, Back rock, ¼ Step Lock fwd

2-3      Make ¼ turn Left stepping Right over Left, Make ½ turn Left stepping forward on Left  
4&5      Make ¼ turn Left stepping Right to the Right side, Step Left next to Right, Step Right to the Right side  
6-7      Cross rock Left behind Right, recover on Right  
8&1      Make ¼ turn Left stepping fwd on Left, lock Right behind Left, step forward on Left

Tag here on the wall 6

## Section 3 : Cross, ¼, ½ Shuffle fwd, Cross rock, Behind side cross

2-3      Cross step Right over Left, make ¼ turn Right stepping back on Left  
4&5      Make ½ turn Right stepping fwd on Right, Step Left next to Right, Step forward on Right  
6-7      Cross rock Left across Right, recover on right  
8&1      Cross step Left behind Right, step Right to Right side, Cross step Left over Right

## Section 4 : Point, Touch, Point, Coaster cross, Mambo touch, Side, Together

2&3      Point Right to Right side, Touch Right next to Left, Point Right to Right side,  
4&5      Step back on Right, step Left next to Right, Cross step Right over Left  
6&7      Rock forward on Left, Touch Left next to Right  
8&      Step Left to the Left side, Step Right next to Left

Tag : Wall 6 after 16 counts

At the end of the Section 2 of the wall 6, change count 16, instead of doing a ¼ Step lock fwd, make a ¼ turn Touch Right next to Left, and repeat the tag twice

## Section T1 : Side Shuffle, Back rock, ½ Shuffle fwd, Step turn

1&2      Step Left to the Left side, Step Right next to Left, Step Left to the Left side  
3-4      Cross rock Right behind Left, recover on Left  
5&6      Make ½ turn Right stepping fwd on Right, step Left next to Right, step forward on Right  
7-8      Step forward on Left, Make ½ Right stepping fwd on Right

## Section T2: Step touch, Step touch, Jazz box

1-2      Step fwd on Left, Touch Right next to Left  
3-4      Step fwd on Right, Touch Left next to Right  
5-6      Cross step Left over Right, step back on Right  
7-8      Step left to Left side, step forward on Right

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