

# Ob-La-Di Ob-La-Da Life Goes On

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Absolute Beginner  
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音樂: Ob-La-Di, Ob-La-Da - The Beatles : (iTunes)



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## S1: 2 SIDE TOUCHES (R,L), LINDY RIGHT

1-2                      Step RF to right, Touch LF beside Right  
3-4                      Step LF to left, Touch RF beside LF  
5&6                      Shuffle right, RLR  
7-8                      Rock back on LF, Recover on RF

## S2: 2 SIDE TOUCHES (L,R), LINDY LEFT

1-2                      Step LF to left, Touch RF beside LF  
3-4                      Step RF to right, Touch LF beside Right  
5&6                      Shuffle left, LRL  
7-8                      Rock back on RF, Recover on LF

## S3: TOE/HEEL FORWARD X 2, TOE/HEEL BACK X 2

1-2                      Step RF forward on toe, Step down on heel  
3-4                      Step LF forward, Step down on heel  
5-8                      Step RF back on toe, Step down on heel  
7-8                      Step LF back beside R, Step down on heel

## S4: SHUFFLE FORWARD X 2, STEP PIVOT 1/4 LEFT

1&2                      Shuffle forward RLR  
3&4                      Shuffle forward LRL  
5-6                      Step RF forward  
7-8                      Pivot 1/4 turn left (weight on Left)

**REPEAT**

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