

Keep It Lit

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jessica Kelly (AUS) & Shanon Dickson (AUS) - March 2018
音樂: Keep It Lit - Tegan Marie : (iTunes)



S1: Side Rock / Replace, L Sailor 1/4 Turn, Touch Toe 1/2 Turn, Ball Step, Pivot 1/4 R

1, 2 Rock L to L side, Rock/Recover onto R
3&4 Step L Behind R, Step R Slightly to R side, Turn 1/4 turn L Step L fwd (sailor 1/4 turn L)
5, 6 Touch R toe back, Turn 1/2 turn R (Keep Weight on L)
&7, 8 Step R beside L, Step L fwd, Pivot 1/4 R

S2: Cross Shuffle L, 3/4 Turn L, Step Across, Side, Behind, Ball Jack

1&2 Cross L over R, Step R to R side, Cross L over R (cross shuffle L)
3, 4 Turn 1/4 turn L Step back on R, Turn 1/2 turn L Step fwd on L
5, 6 Step R across L, Step L to L side,
7& Step R behind L, Step back on L to 45deg

S3: Ball Step, Shuffle fwd R, Step Back L, 1/2 Turn, 1/8 Turn, Sailor R

8&1 Touch R heel Fwd to 45deg, Step R beside L, Step L fwd (Still Travelling to 45deg Corner)
2&3 Step fwd on R, Step L Beside R, Step fwd on R
4, 5, 6 Step back on L, Turn 1/2 turn R Step fwd on R (Travelling to 45deg corner), Turn 1/8 turn L (straighten up), Step L to L side
7&8 Step R behind L, Step L slightly to L, Step R slightly to R (sailor step R)

S4: Coaster Step, Hips Sway R, L, R, L, Ball Cross, Step R Side

1&2 Step Back on L, Step R beside L, Step fwd on L (coaster step)
3,4,5,6 Step R to R side Sway Hips R, L, R, L
&7, 8 Step back slightly on R, Cross L over R, Step R to R side***

S5: Cross, Point, Monterey 1/2, Cross, Point, Monterey 1/2, Point

1, 2 Cross L over R, Point R to R side
3, 4 Turn 1/2 turn R step R beside L, Point L to L side
5, 6 Cross L over R, Point R to R side
7, 8 Turn 1/2 turn R step R beside L, Point L to L side

S6: Cross Over, Unwind 1/2 Turn, Coaster Step, Step Touch, Ball Step, Scuff Fwd

1, 2 Cross L over R, Unwind 1/2 turn R (Keep Weight on L)
3&4 Step back on R, Step L beside R, Step R fwd (coaster step R)
5, 6 Step L fwd, Touch R beside L
&7, 8 Step slightly back on R, Step L in Place, Scuff R fwd

S7: Step Fwd R, Rock/Replace back L, Rock/Recover fwd R, Rock L Side, Rock/Recover R, Cross Shuffle L, Rock Side R

1, 2 Step R fwd, Rock back onto L
3, 4 Rock/Recover Fwd onto R, Rock L to L side,
5 Rock/Recover to R side
6&7 Cross L over R, Step R slightly to R side, Cross L over R (cross shuffle L)
8 Rock R to R side ###

S8: Rock/Replace L, Cross Shuffle, 3/4 turn R, Step fwd, Rock Fwd, Rock/Replace, Together

1, Rock/Recover onto L,
2&3 Cross R over L, Step L slightly to L, Cross R over L (cross shuffle R)

4, 5 Turn 1/4 turn R Step back on L, Turn 1/2 turn R Step fwd on R
6 Step Fwd on L,
7&8 Rock fwd on R, Rock/Recover back on L, Step R together.
[64]

###Restart 1, Wall 2 after 56 counts,

8, 1 Rock R to R Side, Touch L beside R

*****Restart 2, Wall 3 after 32 counts,**

&7, 8 Step back slightly on R, Cross L over R, Touch L beside R

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