

Ye Shanghai

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Kenny Teh (MY) - March 2018
音樂: Night Life In Shanghai (夜上海) - Zhou Xuan (周璇)



Dance sequence: A, A, B, A,A,A,A,B,A,A-
Start dance after 32 counts:

Section A: 32 counts

SA1: (FWD DIAG STEP, LOCK, FWD DIAG STEP, SCUFF) X 2

1 2 3 4 Step R to right diagonal, lock L behind R, step R to right diagonal, scuff L
5 6 7 8 Step L to left diagonal, lock R behind L, step L to left diagonal, scuff R

SA2: (¼ R TURN JAZZ BOX) X 2

1 2 3 4 Cross R over L, ¼ right turn (3.00) step L back, step R to R, cross L over R
5 6 7 8 Cross R over L, ¼ right turn (6.00) step L back, step R to R, cross L over R

*Ending: Repeat extra jazz box to finish of facing front...

1 2 3 4 Cross R over L, ¼ right turn (12.00) step L back, step R to R, cross L over R, point R to R

SA3: (TOE HEEL CROSS, HOLD) X2

1 2 3 4 Touch R toe in, touch R heel out, cross R over L, hold
5 6 7 8 Touch L toe in, touch L heel out, cross L over R, hold

SA4: R SIDE, BEHIND, ¼ R TURN, TOGETHER, ROLL HIPS RLRL

1 2 3 4 Step R to right, step L behind, ¼ R turn step R fwd, step L beside
5 6 7 8 Roll hips RLRL

Section B: 48 counts

SB1: R SIDE, DRAG, TOGETHER, SIDE, TOUCH, L SIDE, TOUCH, R SIDE, TOUCH

1 2 3 4 Big step R to right, drag, step L together, step R to R, touch L beside
5 6 7 8 Step L to left, cross touch R over L, step R to R, cross touch L over R

SB2: ROCKING CHAIR, L FWD, PIVOT ½ R, WALK, WALK

1 2 3 4 Step L forward, recover R, step R back, recover L
5 6 7 8 Step L forward, pivot ½ R turn step R forward, step L forward, step R forward

SB3: L & R TOUCHES, ROLL HIPS TWICE ANTICLOCKWISE

1&2&3&4 Touch L toe to L, step L beside, touch R toe to R, step R beside, step L toe to L, step L
beside, touch R toe forward
5 6 7 8 Roll hips anti clockwise twice

SB4: R SIDE, DRAG, TOGETHER, SIDE, TOUCH, R SIDE, TOUCH, L SIDE, TOUCH

1 2 3 4 Big step R to right, drag, step L together, step R to R, touch L beside
5 6 7 8 Step L to left, cross touch R over L, step R to R, cross touch L over R

SB5: ROCKING CHAIR, L FWD, PIVOT ½ R, WALK, WALK

1 2 3 4 Step L forward, recover R, step R back, recover L
5 6 7 8 Step L forward, pivot ½ R turn step R forward, step L forward, step R forward

SB6: UNWIND FULL LEFT TURN, HIP BUMP RIGHT AND LEFT

1&2&3&4 Touch L behind R, unwind full L turn with weight on L
5 6 7 8 Bump hips right twice, bump hips left twice

