

Cutting the Rug

拍數: 32 牆數: 4 級數: Beginner
編舞者: Betty Jo Toole - March 2018
音樂: "The Roaring Twenties," - Jive Bunny and the Master Mixers



or any Charleston music

Section 1: Charleston twice

1,2,3,4 The Charleston step - point right toe forward, step back with right, touch left toe back, step forward with left
5,6,7,8 repeat the Charleston step

Section 2 syncopated Susie Q, tap twice, weave, and turn

1,2 step across in front of the left with the right, step to the left side with the left
3,&4 step across in front of the left foot with the right, step to the left side with the left, step across in front of the left with the right
5,6 tap the left to the left side twice
7&8 step behind the right with the left, step to the right side with the right, step across in front of the right with the left making $\frac{1}{4}$ turn clockwise (9:00)

Section 3: rock, recover, coaster, pivot, two-step

1,2 rock forward with the right, recover back to the left
3&4 step back with the right, step beside the right with the left, step forward with the right
5,6 step forward with the left, recover to the right making $\frac{1}{2}$ turn clockwise (3:00)
7&8 step forward with the left, step slightly behind the left with the right, step forward with the left

Section 4: pivot, two-step, syncopated bumps

1,2 step forward with the right, recover to the left making $\frac{1}{2}$ turn counter clockwise (9:00)
3&4 step forward with the right, step slightly behind the right with the left, step forward with the right
5,6 step forward with the left bumping hip forward, shift weight back to the right bumping hip backward
7&8 shift weight forward bumping left hip forward, shift weight backward bumping right hip backward, shift weight forward bumping right hip forward can shimmy

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