

Someone Else

COPPERKNOB
STEPSHEETS

拍數: 80 牆數: 4 級數: Intermediate
編舞者: Kat Painter (USA) - March 2018
音樂: No Excuses - Meghan Trainor



No Tags Or Restarts - (Don't let the 80 scare you. You can do it!)
#16ct intro. Start dance facing Lt diagonal (10:30).

Styling Note: Can start with the flick on ct 16 to begin dance

S1: STEP, ½ PIVOT, SHUFFLE, STEP, TOUCH, KICK-BALL-STEP

1,2 Facing diagonal Lt (10:30) Step Rt forward, Turn ½ Lt stepping Lt forward (4:30)
3&4 Step Rt forward, Step Lt next to Rt, Step Rt forward
5,6 Step Lt forward, Turn ¼ Rt touching Rt next to Lt (7:30)
7&8 Kick Rt forward, Step on ball of Rt next to Lt, Step Lt forward

S2: ¼ DOUBLE BUMP, HITCHING SHUFFLE, HITCHING SHUFFLE, COASTER STEP

1&2 Turn ⅛ Lt bumping hips Rt (6:00), Bump hips Lt, Bump hips Rt and turn ¼ Lt (3:00)
3&4 Step Lt back hitching Rt knee, Step Rt in front of Lt, Step Lt back hitching Rt Knee
5&6 Step Rt back hitching Lt knee, Step Lt in front of Rt, Step Rt back hitching Lt knee
7&8 Step Lt back, Step Rt next to Lt, Step Lt small step forward

S3: POINT & POINT & HEEL & HITCH & HEEL & POINT & POINT, ¼ TURN

1&2& Point Rt toe side Rt, Step Rt next to Lt, Point Lt toe side Lt, Step Lt next to Rt
3&4& Touch Rt heel forward, Step Rt next to Lt, Lift Lt knee, Step Lt next to Rt
5&6& Touch Rt heel forward, Step Rt next to Lt, Point Lt toe side Lt, Step Lt next to Rt
7,8 Point Rt toe side Rt, Turn ¼ Rt keeping weight on Lt (6:00)

S4: COASTER STEP, MAKING A FULL CIRCLE: WALK, WALK, CIRCULAR VOLTA

1&2 Step Rt back, Step Lt next to Rt, Step Rt forward

The next 6 counts continuously Turn Lt to make a full circle:

3,4 Turn ⅛ Lt stepping Lt forward (4:30), ⅛ Lt stepping Rt forward (3:00)
5&6 ⅛ Lt stepping Lt over Rt (1:30), ⅛ Lt stepping Rt next to Lt (12:00), ⅛ Lt stepping Lt over Rt (10:30),
&7&8 ⅛ Lt stepping Rt next to Lt (9:00), ⅛ Lt stepping Lt over Rt (7:30), ⅛ Lt stepping Rt next to Lt (6:00), Step Lt forward

S5: STEP, SWEEP, CROSS, SIDE, ¼ ROCK, RECOVER, ½ BACK, ¼ SIDE

1,2 Step Rt forward, Sweep Lt toe to front
3,4 Step Lt over Rt, Step Rt side Rt
5,6 Turn ¼ Lt stepping Lt back (3:00), Step Rt forward
7,8 Turn ½ Rt stepping Lt Back (9:00), Turn ¼ Rt stepping Rt side Rt (12:00)

S6: STEP, SWEET, CROSS, ¼ BACK, ¼ SIDE, TOUCH, SIDE, TOGETHER

1,2 Step Lt forward, Sweep Rt toe to front
3,4 Step Rt over Lt, Turn ¼ Rt stepping Lt back (3:00)
5,6 Turn ¼ Rt stepping Rt side Rt (6:00), Touch Lt next to Rt
7,8 Step Lt side Lt, Step Rt next to Lt (even weight on both feet)

S7: HEELS, TOES, HEELS, SAILOR SHUFFLE, BEHIND, SIDE, HEEL & TOE & STEP

1&2 Turn both heels Rt, Turn both toes Rt, Turn both heels Rt
3&4 Step Lt behind Rt, Step Rt side Rt, Step Lt side Lt
5&6& Step Rt behind Lt, Step Lt side Lt, Touch Rt heel forward, Step Rt next to Lt

7&8 Touch Lt toe next to Rt, Step Lt in place, Step Rt forward (even weight on both feet)

S8: ¼ HEELS, TOES, HEELS, SAILOR SHUFFLE, BEHIND, SIDE, HEEL & TOE & STEP

1-8 Turn both heels ¼ Rt and repeat the last 8 counts (3:00)

S9: ¼ HEELS, TOES, HEELS, SAILOR SHUFFLE, BEHIND, SIDE, HEEL & TOE & STEP

1-8 Turn both heels ¼ Rt and repeat the last 8 counts (12:00)

S10: ¼ HEELS, TOES, HEELS, SAILOR SHUFFLE, SAILOR DRAG, ½ TOGETHER, FLICK

1&2 Turn both heels ¼ Rt (9:00), Turn both toes Rt, Turn both heels Rt

3&4 Step Lt behind Rt, Step Rt side Rt, Step Lt side Lt

5&6 Step Rt behind Lt, Step Lt side Lt, Step Rt big step side Rt and drag Lt to Rt

7-8 Turn ⅛ Lt and step Lt next to Rt (7:30), Lift Rt heel up behind body by bending Rt knee

START AGAIN
