

OK (MRZ 2018)

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gudrun Schneider (DE) & Roy Hoeben (NL) - March 2018
音樂: Ok - Ilse DeLange



Dance begin after 32 count with lyrics

STEP TOUCH R, STEP TOUCH L, STEP FWD, HOLD, HITCH CHASSÉ

1-2 RF step right, LF touch behind RF
3-4 LF step left, RF touch behind LF
5-6 RF step forward, hold
&7&8 LF next RF with hitch RF, RF step forward, LF next RF with hitch RF, RF step forward

ROCK STEP L, SHUFFLE ½ TURN L, CROSS SIDE, SAILOR STEP

1-2 LF rock forward, recover
3&4 LF ¼ turn left, step left, RF next LF, LF ¼ turn left step forward (6.00)
5-6 RF cross over LF, LF step left
7&8 RF cross behind LF, LF step left, RF step right

CROSS STEP, ¼ TURN L, SHUFFLE BACK, WALK, WALK, KICK, OUT, OUT

1-2 LF cross over RF, ¼ turn left - RF step back
3&4 LF step back, RF next LF, LF step back
5-6 RF step back, LF step back
7&8 RF kick forward, RF step right, LF step left

SLIDE R, COASTER STEP, FULL TURN L, CAMELWALK

1-2 RF big step right, LF drag next RF
3&4 LF step back, RF next LF, LF step forward
5-6 ½ turn left - RF step back, ½ turn left - LF step forward
&7&8 RF step forward, LF touch next RF, LF step forward, RF touch next LF

TAG : after wall 10

CAMELWALK

&1&2 RF step forward, LF touch next RF, LF step forward, RF touch next LF

HAVE FUN

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