

# I'm An Apeman, I'm An Ape Ape Man

**COPPER** **KNOB**  
BY STEPHEN

拍數: 40      牆數: 4      級數: Improver  
編舞者: Val Saari (CAN) - March 2018  
音樂: Apeman - The Kinks : (iTunes)



## VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS

1-2      Step RF to right side, Step LF behind R  
3&4      Rock RF to right side, Recover LF, Cross RF over left  
5-6      Step LF to left side, Step RF behind L  
7&8      Rock LF to left side, Recover RF, Cross LF over right

## POINT OUT-IN-OUT, BEHIND SIDE CROSS, HOLD X 2 (R,L)

1&2      Point RF to R side, Touch RF beside L, Point RF to R side, Hold  
3&4      Cross RF behind L, Step LF left, Step RF across L, Hold  
5&6      Point LF to L side, Touch LF beside R, Point LF to L side, Hold  
7&8      Cross LF behind R, Step RF right, Step LF across R, Hold

## RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK PIVOT 1/4 R

1-2      Rock RF forward, Recover LF  
3&4      Rock RF back, Recover LF, Step RF beside left  
5-6      Rock LF forward, Recover RF  
7&8      Rock LF back, Recover RF, Step LF forward 1/4 Pivot R beside R

## HEEL/TOE FORWARD X 4

1-4      Step RF forward on heel, Step down on toes/ Step LF forward on heel, Step down on toes  
5-8      Step RF forward on heel, Step down on toes/ Step LF forward on heel, Step down on toes

## TOE/HEEL BACK X 4

1-4      Step RF back on toe, Step down on heel/ Step LF back on toe, Step down on heel  
5-8      Step RF back on toe, Step down on heel/ Step LF back on toe, Step down on heel

## REPEAT

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