

Put It On For Me

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: An Ji Won (KOR) - February 2018
音樂: Put It on for Me (feat. Nina Nesbitt) - Don Diablo



Intro – 16counts

#1. FORWARD ROCK & RECOVER, COASTER, 1/2 PIVOT TURN, LOCK STEP L

1-2 Rf step forward , LF step in place
3&4 RF step back LF beside RF, , RF step forward
5-6 LF step forward, RF 1/2 T R step forward
7&8 LF step forward, RF behind LF, LF step forward

#2. SIDE, BACK ROCK& RECOVER R-L ,FULL TURN,TRIPLE STEP

1-2& RF step side, LF behind RF, RF in place
3-4& LF step side, RF behind RF, LF in place
5-6 RF 1/4 T R step forward, LF 1/4 R step side,
7&8 RF 1/2 T R step side, LF beside RF, RF in place

#3. CROSS ROCK & RECOVER L-R , CROSS, 1/4 T L BACK, COASTER

1&2 LF cross over RF, RF step side, LF in place
3&4 RF cross over LF, LF step side, RF in place
5-6 LF cross over RF, RF 1/4 T L step back
7-8 LF step back, R beside LF, LF step forward

#4. LOCK STEP R-L, PIVOT 1/2 TURN L WALK,WALK

1&2 RF step forward, LF behind RF, RF step forward
3&4 LF step forward, RF behind LF, LF step forward
5-6 RF step forward, LF 1/2 turn L step forward
7-8 RF step forward, LF step forward

CONTACT : aey7189@gmail.com.