

# In My Heart Always

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Ron Bloye (UK) - March 2018  
音樂: Don't Close Your Eyes - Keith Whitley : (iTunes)



## Start Dance on Count 16 - No Tags or Restarts

### Sect 1: Rock Fwd Right. - Right. Shuffle Back - Rock Back Left. - Left. Shuffle Fwd

1 - 2      Rock Forward Right Recover on Left.  
3&4      Shuffle back Right - Left - Right.  
5 - 6      Rock back Left Recover on Right.  
7&8      Shuffle forward Left - Right - Left.

### Sect 2: Rock.Fwd.Right,- ¼Turn Right, Side Shuffle - Cross Side Behind Side Cross.

1 - 2      Rock Forward Right - Recover on Left.  
3&4      ¼ Turn Right - Side Shuffle - Right-Left-Right. (3 o'clock)  
5 - 6      Cross Left over Right - Step Right to side  
7&8      Left behind Right- step Right to side - cross Left over Right

### Sect 3: Rock out Right - ¼ Sailor Step (6 o'clock) - Rock fwd Left. ½ Turn Shuffle L.R.L

1 - 2      Rock out Right - Recover on Left.  
3&4      ¼ turn Sailor Step - Right - Left - Right.(6 o'clock)  
5 - 6      Rock Forward Left - Recover Right.  
7&8      ½ Turn Shuffle - Left. Right. Left. (Over Left Shoulder)(12 o'clock)

### Sect 4: Step Pivot ½ Turn Left – Right. Shuffle Fwd - Rk Fwd Left- Left Coaster Step

1 - 2      Step Forward Right - Pivot ½ turn - Step on Left.(6 o'clock)  
3&4      Shuffle Forward Right-Left-Right.  
5 - 6      Rock Forward Left - Recover on Right.  
7&8      Left Coaster Step – back Left- back Right - forward Left.

I was asked to write this dance by one of my beginners - Juley "Pony" Bennett - as the Music and words reminded her of her late husband Mark taken from her 18 month ago by cancer.

It could be a nice floor split to Kim Ray's lovely dance "Don't Close Your Eyes"

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