

Done For Me

拍數: 96 牆數: 1 級數: Phrased High Intermediate
編舞者: Carlton Thompson (USA) - March 2018
音樂: Done For Me (feat. Kehlani) - Charlie Puth



Seq: A | A* | B | A | A* | B | B* | C | B | B

Part A

Section A1:

- 1-2 Step R ft. forward, Step L ft. forward
3&4& Rock R ft. to right side, recover weight onto L ft. to left side, Cross R ft. over L ft., Step L ft. to left side.
5-6 Step R ft. forward 45 degrees to right side, Slide L ft. next to R ft. (place weight on L ft.)
7&8& Step R ft. forward in 45 degree angle (2:00), Make ¼ turn right leading with L ft. (4:00), Make ¼ turn right leading with R ft. (7:00), Make ¼ turn right leading with L ft. (10:00).

(You will make 5/8th turn to the right, ending up at (10:00))

Section A2:

- 1-2& Step R ft. to right side, Sailor-Step L ft. behind R ft., Step R ft. to right side.
3-4 Step L ft. forward, Slide R ft. behind L ft.
5-6 Point R ft. back (sway hips back and bring arms forward), Drag R ft. behind L ft. (sway hips forward and pull arms down).
7&8& Make 1/8 turn to the right by rocking R ft. to right side (12:00), Recover weight onto L ft., Cross R ft. over L ft., Step L ft. to left side.

Section A3

- 1-2 Cross-Point R toe behind L ft., Point R toe to right side.
3&4& Cross R ft. over L ft. Make ¼ turn right leading with stepping L ft. back, Make ¼ turn right leading with R ft., Point L ft. to left side. (6:00)
5-6 Swivel L knee to the left side, Swivel L knee back to front.
7&8& Step L ft. behind R ft., Step R ft. to right side, Step L ft. forward, Toe-Touch R toe behind L ft.

Section A4

- 1-2 Rock R ft. back, Recover L ft. forward.
3&4 Step R ft. back, Step L ft. next to R ft., Step R ft. forward.
5-6 Pivot L knee out to the left, Bring L knee back to center.
7&8& Step L ft. to left side, Cross R ft. behind L ft., Pivot ½ turn left with L ft. (12:00), Point R toe out to right side.

Part B

Section B1:

- 1-2 Step R ft. forward, Step L ft. forward.
3&4& Rock R ft. to right side, Recover back on L ft. to left side, Cross R ft. over L ft., Make ¼ turn right by leading with L ft. stepping back. (3:00)
5-6 Rock R ft. forward, Make ½ turn right by pivoting on L ft. (9:00)
7-8 Rock R ft. forward, Make ½ turn right by pivoting on L ft. (3:00)

Section B2:

- 1-2 Pivot-Step R ft. forward (and pivot on this foot to make a ½ turn right, your L ft. is dragging behind), Step L ft. back (9:00).
3&4 Step R ft. back, Step L ft. next to R ft., Step R ft. forward.
5-6 Step L ft. forward, Step-Pivot R ft. forward into a ½ turn L (swinging left leg around) (3:00)
7&8 Step L ft. behind, Step R ft. next to L ft., Step L ft. forward.

Section B3:

- 1&2 Rock R ft. back 45 degrees, Recover forward on L ft., Cross R ft. over L ft.
 3&4& Rock L ft. back 45 degrees, Recover forward on R ft., Cross L ft. over R ft., Make ¼ turn right by Pivot-Step R ft. forward. (6:00)
 5&6& Ball-Step L ft. to left side and Swivel left knee to the left, Swivel knee to center, Swivel left knee to left side (place weight onto L ft.), Bring R ft. next to L ft.
 7&8& Ball-Step L ft. to left side and Swivel left knee to the left, Swivel knee to center, Swivel left knee to left side (place weight onto L ft.), Toe-Touch R toe next to left.

Section B4:

- 1-2 Cross-Point R toe over L ft., Point R toe to right side.
 3&4 (Sailor Step) R ft. behind L ft., Rock L ft. to left side, Step R ft. to right side.
 5&6& (Sailor Step) L ft. behind R ft., Rock R ft. to right side, Step L ft. to left side, Cross R ft. behind L ft.
 7&8& Pivot ½ turn L with L ft. (12:00), Step R ft. to right side, Cross L ft. behind R ft., Point R ft. to right side.

Part C (Facing 3:00)**Section C1:**

- 1 Step R ft. forward
 2-3-4 Make ½ turn right by swinging L ft. around (9:00)
 5 Step L ft. back
 6-7-8 Make ¼ turn right by swinging R ft. around (12:00)

Section C2:

- 1 Step R ft. to right side
 2-3-4 Sway to the right
 5-6 Recover on L ft.
 7-8 Rock R ft. back, Hold.

Section C3:

- 1-4 Step L ft. forward, Hold.
 5-8 Cross R ft. over L ft., Hold.

Section C4:

- 1-4 Step L ft. to left side, Hold.
 5-8 Sway R, L, R, L

A***Part A (On Second Part A)**

- 8 – Count tag takes place in Section 4:
 1-2 Step R ft. forward, Drag L ft. behind R ft.
 3-4 Step L ft. forward, Drag R ft. behind L ft.
 5-6 Step R ft. forward, Drag, L ft. behind R ft.
 &7-8 Pivot ½ turn right with L ft., Hop-Step R ft. forward, Hop-Step L ft. forward.

B*

On your third (3rd) Part B*, you will only do the first two sections (16 counts). Then you will go into a freestyle interlude at 2:09 - 2:25.

Then you start back on Wall 1 with Part B

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