You Can Reach It (Anything Is Possible)

拍數: 48

級數: Low Intermediate

編舞者: Ed Tetreau & Cindy McMichael (USA) - March 2018

牆數: 4

音樂: Anything Is Possible - Southern Halo

Begin dance with vocals (32 count intro)

S1: WALK – WALK - SHUFFLE FWD – ROCK/RECOVER – COASTER STEP

- 1-2 Step R fwd, step L fwd
- 3&4 Step R fwd, step L together, step R fwd
- 5-6 Rock fwd on L, recover back on R
- 7&8 Step L back, step R together, step L fwd

S2: SIDE TOE POINT RIGHT & LEFT - ½ TURN LEFT - ¼ TURN LEFT

- 1-2& Point R toe to side, hold, step R together
- 3-4& Point L toe to side, hold, step L together
- 5-6 Step R fwd, turn 1/2 left (weight to L)
- 7-8 Step R fwd, turn ¼ left (weight to L) - NOTE: On wall 8 change count 8 to ½ turn to face front

*** RESTART HERE ON WALL 5 ***

S3: SHUFFLE RIGHT – ROCK/RECOVER – SHUFFLE LEFT – ROCK/RECOVER

- 1&2 Step R to side, step L together, step R to side
- 3-4 Rock back on L, recover fwd on R
- 5&6 Step L to side, step R together, step L to side
- 7-8 Rock back on R, recover fwd on L

S4: ¼ RIGHT MONTEREY TURN – ROCKING CHAIR

- 1-2 Point R to side, turn ¼ right stepping R together
- 3-4 Point L to side, step L together
- 5-6 Rock fwd on R, recover back on L
- 7-8 Rock back on R. recover fwd on L

*** RESTART HERE ON WALL 6 ***

S5: RIGHT VINE - LEFT VINE W/ FULL TURN

- 1-2 Step R to side, cross L behind R
- 3-4 Step R to side, touch L in
- 5-6 Turn ¼ left stepping L fwd, turn ¼ left stepping R to side
- 7-8 Turn ¹/₂ left stepping L to side, touch R in

S6: ¼ TURN STEP & POINT – STEP & POINT – SAILOR STEP – ½ TURN SAILOR STEP

- 1-2 Turn ¼ right stepping R across L, point L to side
- 3-4 Step L fwd across R, point R to side
- 5&6 Cross R behind L, step L to side, step R to side
- 7&8 Turn ¼ left crossing L behind R, turn ¼ left stepping R to side, step L to side

START AGAIN

*** Restart the dance after count 16 on wall 5 and again after count 32 on wall 6. On wall 8, you can change count 16 to 1/2 turn to face the front to end the dance.

Contacts: -



COPPERKN