

Emergency

COPPER KNOB
BY THE SHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - March 2018
音樂: Emergency - Jay Sean : (iTunes)



(2 count intro / after you hear - How do you)

[S1] R Basic Night Club, 1/4R Side (Lunge), Side-Together, 1/4R Fwd, 1/4R Back-1/2R Fwd-1/2R Back w/ Sweep, Back Rock-Recover

1 2& Step R to right side, Rock/step L behind R, Recover weight on R
3 4& Make a 1/4 turn right lunge L to left side, Recover weight on R, Step L next to R (3:00)
5 6 Make a 1/4 turn right stepping forward on R, Make a 1/4 turn right stepping back on L
& Make a 1/2 turn right stepping forward on R
7 8 Make a 1/2 turn right stepping back on L and sweeping R around, Rock/step R back
& Make a 1/8 turn left recover weight on L (7:30)

[S2] Fwd w/ Hitch 1/4R, Fwd, Fwd Rock, Recover, 1/2R Fwd w/ Hitch, 1/2R Back, Back Rock, Recover 1/2L w/Hitch

1 2 Step R forward make a 1/4 turn right w/ hitch L, Step L forward (10:30)
3 4 Rock/step R forward, Recover weight on L (prep for 1/2R turn)
5 6 Make a 1/2 turn right stepping forward on R w/ hitch L, On ball of right foot make a 1/2 turn right stepping back on L (10:30)
7 8 Rock/step R back, Recover weight on L and make a 1/2 turn left (on ball of L) w/ hitch R (4:30)

[S3] Back, 1/8L Side Rock-Cross, 1/4L Side Rock-Cross-Side-Behind-1/4L-Step-Pivot 1/2L-Fwd-Fwd

1 2& Step R back, Make a 1/8 turn left rock/step L to left side, Recover weight on R (9:00)
3 4& Step L over R, Make a 1/4 turn left rock/step R to right side, Recover weight on L (12:00)
5&6& Cross R over L, Step L to left side, Step R behind L, Make a 1/4 turn left stepping forward on L
7&8& Step R forward (7), Make a 1/2 turn left recover weight on L (&), Run forward RL (8&) (9:00)

[S4] Rock Fwd, Recover-1/4R, Rock Fwd, Recover-1/2L, Fwd, Hitch 1/2R Cross, Side w/ Sway RL

1 2& Rock/step R forward, Recover weight on L, Make a 1/4 turn right stepping R forward (6:00)
3 4& Rock/step L forward, Recover weight on R, Make a 1/2 turn left stepping L forward** (12:00)
5 6 Rock/step R forward, Recover weight on L and make a 1/2 turn right on ball of left w/ R hook
7 8 Step R to right side and sway to right, Sway to left (6:00)

Restart on Wall 6 count 28**

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 25/Mar/18)