

Walking Shoes

拍數: 32 牆數: 4 級數: Beginner
編舞者: Helen Owen (UK) - March 2018
音樂: Walking Shoes - Tanya Tucker



Start on 16 counts

S1 [1-8] RIGHT OUT, IN, HEEL HOOK, FORWARD RIGHT SHUFFLE, LEFT OUT, IN, HEEL HOOK, BACK LEFT SHUFFLE

- 1&2& point right foot to right side (1) tap right foot next to left foot (&) dig right heel forward (2) hook right foot across left shin (&)
- 3&4 step right foot forward (3) step left foot next to right (&) step right foot forward (4)
- 5&6& point left foot to left side (5) tap left foot next to right foot (&) dig left heel forward (6) hook left foot across right shin (&)
- 7&8 step left foot back (7) step right foot next to left (&) step left foot back (8)

S2 [9-16] 3X BACK HITCHES (R,L,R), RIGHT HITCHED COASTER STEP, 2X TOE-HEEL-STOMPS

- 1&2& hitch right knee (1) step right back (&) hitch left knee (2) step left back (&)
- 3&4 hitch right knee and step it back (3) step left next to right (&) step right foot forward (4)
- 5&6 touch left toe together (5) touch left heel together (&) stomp left foot forward (6)
- 7&8 touch right toe together (7) touch right heel together (&) stomp right foot forward (8)

S3 [17-24] STEP ¼ TURN RIGHT, LEFT CROSS SHUFFLE, RIGHT FWD RUMBA BOX

- 1-2 step left foot forward (1) pivot turn ¼ right (2)
- 3&4 cross left foot over right (3) step right foot to right side (&) cross left foot over right (4)
- 5&6 step right foot to right side (5) step left foot to right (&) step right foot forward (6)
- 7&8 step left foot to left side (7) step right to left foot (&) step left foot back (8)

S4 [25-32] SIDE, TOGETHER, SIDE, STEP ½ TURN, CROSS, 2x SIDE ROCKS

- 1&2 step right foot to right side (1) step left foot next to right (&) step right foot to right side (2)
- 3&4 cross left foot over right (3) pivot ½ turn right (&) cross left over right (4)
- 5&6 rock right foot to right side (5) transfer weight rocking onto left foot (&) close right to left (6)
- 7&8 rock left foot to left side (7) transfer weight rocking onto right foot (&) close left to right (8)

RESTART: WALL 4 - After 16 counts – step left forward (1) Turn ¼ right stomp right (2)
RESTART HERE.

Enjoy! xx

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