

Just Let Me Ride – Extreme Rider's Slide

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Derrick "Doc" Mooney & Fred "Ladale" Simmons - March 2018
音樂: Just Let Me Ride - Ms. Jody



Intro: 32 counts – Start dance after lyric - Right Foot Lead

S1: Side To Side Touch Step

1-4 Touch Step – Step out with right foot and close to left and repeat
5-8 Touch Step – Step out with left foot and close to right and repeat

S2: Modified Mexican Hat Syncopated

1-2& Step right foot forward and hold two counts then bring right foot back to left replacing weight
3-4& Step left foot forward and hold two counts then bring left foot back to right replacing weight
5&6& Syncopate – Right foot forward and back 5&, shift weight and step forward and back with the left foot 6&
7-8 Tap right foot forward 7-8

S3: Heel touches and shimmy's

1-2 With weight on left foot, swing right foot behind left, touching hand to heel & replace weight
3-4 With weight on right foot, swing left foot behind right, touching hand to heel & replace weight
5-6 Shimmy forward, stepping quickly 5&6&7&8

S5: Hop Forward- Back – ¼ Turn Wall Change

1-2 Step or hop forward on right foot on one and left foot on two, replacing weight
3-4 Step or hop forward on right foot on one and left foot on two, replacing weight
5-6 Step or hop back on right foot on one and left foot on two, replacing weight
7-8 Execute ¼ left: with weight on left foot, pivot left ¼ turn, stepping on right foot and replace left

Start dance over on new wall

Contact: Submitted by – Carl Williams: carlvwilliams@gmail.com