

How Long Oooh-Ooh-Oh Samba

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
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音樂: How Long - Charlie Puth : (iTunes)



SAMBA WALKS FORWARD

1 a2 Step RF forward, Step ball of LF beside R heel, Step RF forward
3 a4 Step LF forward, Step ball of RF beside L heel, Step LF forward
5 a6 Step RF forward, Step ball of LF beside R heel, Step RF forward
7 a8 Step LF forward, Step ball of RF beside L heel, Step LF forward

WALK BACK X 3 (R,L,R) KICK LF, WALK BACK X 2 (L,R) LF MAMBO BACK

1-2 Step RF back, Step LF back
3-4 Step RF back, Kick LF forward
5-6 Step LF back, Step RF back
7&8 Rock LF back, Recover RF, Step LF together

R SCISSORS, SAMBA ROCK-RECOVER, L SCISSORS, SAMBA ROCK-RECOVER

1-2 RF Step R, LF Recover
3 a4 RF crosses LF, Cross ball of LF behind as rock back, Recover RF
5-6 LF Step L, RF Recover
7 a8 LF crosses RF, Cross ball of RF behind as rock back, Recover LF

TRAVELLING SAMBA-LOCK X 2, STEP PIVOTS 1/4 L X 2

1 a2 Step RF forward, Lock LF toe back R, Step RF forward, hold
3 a4 Step LF forward, Lock RF toe back L, Step LF forward, hold
5-6 Step RF forward, Pivot 1/4 turn left (weight on left)
3-4 Step RF forward, Pivot 1/4 turn left (weight on left)
