

No Witness

拍數: 32 牆數: 4 級數: Intermediate
編舞者: José Miguel Belloque Vane (NL) & Steven Buhannic (FR) - March 2018
音樂: No Witness - LP : (Album: Lost On You DeLuxe 2017 - iTunes & other mp3 sites
- 3:33)



Introduction: 8 counts, start approx (06 sec).

Part 1. [1-8] Fwd Rock L / Recover with Arm Movements R, Together, Back Rock R / Recover, Step, Swiveling Heels with ½ turn L, Coaster Step L.

- 1 Step L fwd and start moving your R-arm like a wave into the push on count (1).
2 Recover back onto R and pull R elbow backward with upperhand open to front on chest high (2).
&3,4 Step L beside R (&), Rock R back (3), Recover back onto L (4).
5&6 Step R fwd (5), Make ½ turn L (6.00) swivel R heel out (&), Swivel L heel in putting weight onto R (6).
7&8 Step L back (7), Step R beside L (&), Step L fwd (8).

Part 2. [9-16] Kick Ball R with Side Rock L / Recover, Cross, Side, Behind, Hitch R, 2x Step Locks Knee Lift R Replaces Diag, Tap with Swivel R with Hook R.

- 1&2& Kick R fwd (1), Step R back in place on ball (&), Rock L to L (2), Recover back onto R (&).
3&4 Step L across R (3), Step R to R (&), Step L behind R and hitch R knee up (4).
5&6& Make 1/8 R (7.30) step R forward (5), Lock L behind R and lift R knee up (&), Step R back in place (6), Lock L behind R and lift R knee up (&).
7&8 On diagonal: Tap R fwd and swivel R heel fwd (7), Swivel R back to centre (&), Hook R in front of L (8).

Part 3. [17-24] R Rock & Step with 3/8 Turn L, Runs Fwd L, R, L, Scuff with Hook R, Brush R, Brush R Back, Scuff R Ball Out.

- 1&2 Make 1/8 turn L (6.00) rock R to R (1), Make ¼ Turn L (3.00) recover back onto L (&), Step R fwd (2).
3&4 Steppin L fwd (3), Stepping R fwd (&), Stepping L fwd (4).
5&6& Scuff R fwd (5), Hook R in front of L (&), Brush R fwd (6), Brush R back (&).
7&8 Scuff R fwd (7), Step R back in place on ball (&), Step L out to L weight onto L (8).

Part 4. [25-32] Toe & Heel Swivel R with Flick R, Replace, Side Rock & Cross, Back, Side with ¼ Turn L, Cross, ¼ Turn R, Back, Continue ½ R with Step.

- 1&2& Swivel R toe in to L (1), Swivel R heel in to L (&), Flick R heel up (2), Step R back in place (&).
3&4 Rock L to L (3), Recover back onto R (&), Step L across R (4).
5&6 Step R back (5), Make ¼ Turn L (12.00) step L to L (&), Step R across L (6).
7,8 Make ¼ turn R (3.00) step L back (7), Continue a ½ turn R (9.00) step R fwd (8).

TAG: (NB: Easy Tag here ending wall .. after 32 counts, after start again facing 3 o'clock).

[1-2] Fwd Rock L / Recover.

- 1,2 Rock L fwd (1), Recover back onto R (2).

REPEAT DANCE AND HAVE FUN!!

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Last Update - 1st April 2018