

The Dance

拍數: 32 牆數: 4 級數: Improver NC2S
編舞者: Jérôme Massiasse (FR) - March 2018
音樂: The Dance - Garth Brooks : (Album: Garth Brooks)



Start dancing on lyrics

RIGHT BASIC STEP, ½ TURN SWEEP, BEHIND SIDE CROSS, ROCK & BACK STEP, FULL TURN, SIDE STEP

1-2& Step right to side, rock left back, recover to right
3-4& Turn ½ right and step left back, sweep/cross right behind left, step left to side (6:00)
5-6& Cross right over left, rock left diagonally forward, recover to right
7-8& Cross left behind right, turn ¼ right and step right forward (9:00), turn ¾ right and step left back (6:00)

DIAGONAL FORWARD, BACK STEPS & FORWARD, FORWARD, SIDE, DIAGONAL BACK, STEP BACK, SIDE

1-2& Turn 1/8 right and step right to side, rock left forward, recover to right (7:30)
3-4& Step left back, step right back, step left together
5-6& Step right forward, step left forward, turn ¼ left and step right to side (4:30)
7-8& Step left back, step right back, step left to side

TURN ¼ LEFT RIGHT BASIC STEP, LEFT BASIC, ¼ TURN & FULL TURN, STEP & 1 ½ TURN

1-2& Turn 3/8 left and step right to side, rock left back, recover to right (12:00)
3-4& Step left to side, rock right back, recover to left
5-6& Turn ¼ right and step right forward (3:00), turn ½ right and step left back (9:00), turn ½ right and step right forward (3:00)
7-8& Step left forward, turn ½ left and step right back (9:00), turn ½ left and step left forward (3:00)

BACK TOGETHER STEP, CROSS SIDE & FORWARD TWICE, STEP ¾ TURN

1-2& Turn ½ left and step right back, step left back, step right together (9:00)
3-4& Step left forward, cross right over left, step left to side
5-6& Step right diagonally forward, cross left over right, step right to side
7-8& Step left diagonally forward, step right forward, turn ¾ right and step left back

REPEAT

RESTARTS:-

After wall 2, Restart after dancing 8 counts of the dance

After wall 6: the words of the song stop in the 5th count (third section); make full turn on ball of right; weight change and Start on first count of the piano

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