

Get Stupid

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Francien Sittrop (NL) - March 2018
音樂: Get Stupid – Ashton Merigold



Intro : Start after 8 counts from the beginning

[1 – 8] Syncopated Locksteps, Rock, Recover, Sugar feets back

1-2& Step R Diag, fwd , Lock L behind R, Step R fwd
3-4& Step L Diag. Fwd, Lock R behind L, Step L fwd
5 – 6 Rock R fwd, Recover on L
7 – 8 Step R back, Step L back (sugar feets)

[9-16] Coasterstep., Shuffle fwd, Jazzbox ¼ R

1 & 2 Step R back, Step L next to R, Step R fwd
3 & 4 Step L fwd, Step R next to L, Step L fwd
5 – 8 Step R across L, ¼ Turn R step L back, Step R to r Side, Step L fwd (03.00)

[17-24] Step fwd., Point, Step fwd, Point , Hipbumps ½ Turn L

1 – 2 Step R fwd, Point L to L side
3 – 4 Step L fwd, Point R to R side
5 & 6 Step R fwd and bump hips up and down with ¼ Turn L (Weight ends on R) (12.00)
7 & 8 Touch L to L side and make ¼ Turn L with Hip Bumps (Weight ends on L) (09.00)

[25-32] Prissy Walks fwd , Kick Ball Cross, Hipbumps. ¼ L with Shuffle

1 – 2 Prissy walks R, L
3 & 4 Kick R fwd, Step R down, Step L across R
5 & 6 Touch R to R side and bump hips R, L , R
7 & 8 ¼ Turn L step L fwd, Step R next to L, Step L fwd (06.00)

Start Again

Tag 1 : After wall 2 & 6 :

[1 – 12] Rocking Chair, Jazzbox . Out, Out, In, In

1 – 4 Rock R fwd, Recover on L, Rock R back, Recover on L
5 – 8 Step R across L, Step L back, Step R to R side, Step L fwd
9-12 Step R out, Step L out, Step R Back into centre, Step L next to R (Bump hips)

Start again with count 1

Tag 2 after Wall 9 :

[1 – 12] Rocking Chair, Jazzbox . Out, Out, In, In

1 – 4 Rock R fwd, Recover on L, Rock R back, Recover on L
5 – 8 Step R across L, Step L back, Step R to R side, Step L fwd
9-12 Step R out, Step L out, Step R Back into centre, Step L next to R (Bump hips)

[1 – 4] Jumps full Turn L

1&2&3&4 Jump wiht both feet full turn Left (Option : Jump in place)

Start again with count 1

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