Old School Funk



拍數: 32 牆數: 0 級數: Funky Newcomer / Novice

編舞者: Marie-Theres Dorner (AUT) - March 2018

音樂: The Mack (feat. Mark Morrison & Fetty Wap) - Nevada



Phrasing: Restart in wall 3 after 16 counts

Intro: 16 counts

Hitch, step back, coaster step, step diagonal, touch, step diagonal, cross and cross

1-2 RF hitch knee, step backwards

3&4 LF step back, RF next to LF, LF step forward

5&6 RF step diagonal to the right, LF touch next to RF, LF step diagonal to the left

7&8 RF cross behind LF, LF step to the left, RF cross behind LF

Side rock, side rock ¼ turn, coaster step ¼ turn, walk, walk, kick, step to the side 1/4 turn

1& LF step to the left, recover weight to RF

2& LF step to the left with a ¼ turn, recover weight to RF

3&4 LF step back with a ¼ turn over the left shoulder, RF step next to LF, LF step fwd.

5-6 RF step forward, LF step forward

7-8 RF kick to the right side, turn ¼ to the left, RF step to the right

Back rock, step, back rock, step ¼ turn, walk ¼ turn, walk ¼ turn, triple ¼ turn

1&2 LF step behind RF, recover weight on RF, LF step to the left

RF step behind LF, recover weight on LF, RF step to the right with a ¼ turn LF step to the right with a ¼ to the right, RF step to the right with a ¼ turn

7&8 LF step to the right with a 1/8, RF step next to LF, LF step to the right with a 1/8 turn (triple

step)

Walk, walk, step turn, step, coaster step, 2 x chest bump

1-2 RF step forward, LF step forward

3&4 RF step forward, half turn over left shoulder, RF step back with a half turn over the right

shoulder

5&6 LF step back, RF step next to LF, LF step forward (weight on LF!! To start again)

7&8& push your chest forward and back twice

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