

Trashy Women

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Beginner
編舞者: John Carle - August 2010
音樂: Trashy Women - Confederate Railroad



Intro: 16 beats Intro

[1-8] Step Forward, Kick, Step Backward, Touch

1,2,3,4 Step fwd on L(1), Step fwd on R(2), Step fwd on L(3), Kick w R(4)
5,6,7,8 Step bkwd on R(5), Step bkwd on L(6), Step bkwd on R(7), Touch w L(8)

[9-16] Repeat 1-8

[17-24] Hip Bumps Double, Rock Single

1,2,3,4 Hip Bump L(1), Hip Bump L(2), Hip Bump R(3), Hip Bump R(4)
5,6,7,8 Rock L(5), Rock R(6), Rock L(7), Rock R(8)

[25-32] Jazz Box (half time), Hip Rolls

1,2,3,4 Step L foot over R(1), Hold(2), back on R(3), Hold(4)
5,6,7,8 Step L foot to L(5), Hold(6), Step R to Left foot(7) Hold(8)

[33-40] Hip Rolls w. L ½ Turn

&1, Weight off of L, Roll hip L(&), Step down on L, turning 1/8 turn to L(1),
2, Step R foot to left(2)
&3,4, Repeat &1,2
&5,6, Repeat &1,2
&7,8 Repeat &1,2 (6:00)

[41-48] Vine

1,2,3,4, L to left side(1), Step R behind L(2), L to left side(3), Touch R to L(4)
5,6,7,8, R to R side(5), Step L behind R(6), R to R side(7), Touch L to R(8)

[49-64] Repeat Steps 33-48

BEGIN AGAIN AND SMILE

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