

# Patrick Swayze

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Helena Jeppsson (SWE) - March 2018  
音樂: Patrick Swayze - Sigrid Bernson



## Kick ball point x2, kick ball touch, hip motion

- 1&2      Kick RF fwd, step RF beside LF, point left toe out to left side
- 3&4      Kick LF fwd, step LF beside RF, point right toe out to right side
- 5&6      Kick RF fwd, step RF slightly behind LF, touch ball of LF fwd
- 7      Roll hips fwd and upwards
- 8      Roll hips fwd and upwards (weight on RF)

## 1/4 R sailor turn, behind, side, mambo fwd, mambo back

- 1&2      Step back on LF, 1/4 turn R stepping RF to right side, step LF to left side
- 3      Step RF behind LF
- 4      Step LF to left side
- 5&6      Rock fwd on RF, recover, step RF beside LF
- 7&8      Rock back on LF, recover, step LF beside RF

## Step turn, out, out, full turn R

- 1, 2      Step fwd on RF, make a 1/2 turn L (weight on LF)
- 3, 4      Step RF to right side, step LF to left side
- 5, 6      1/4 turn R stepping fwd on RF, 1/2 turn R stepping back on LF
- 7, 8      1/4 turn R stepping RF to right side, touch left toe beside RF

## Half circle walk, knee pops

- 1, 2, 3, 4      Make a 1/2 turn L walking L, R, L, R in a half circle
- 5      Touch left toe beside RF
- 6      Step down on LF and pop right knee fwd
- 7      Step down on RF and pop left knee fwd
- 8      Step down on LF and pop right knee fwd

## TAG: end of wall 4

### Hips bump x4

- 1,2      Step RF to right side and bump hips to right, left
- 3,4      Bump hips to right, left (weight ends on LF)